



# AL-SHIFA TRUST



World Health Organization  
Collaborating Centre for  
Prevention of Blindness



## NEWSLETTER

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[www.alshifaeye.org](http://www.alshifaeye.org)

# InSide

- 1 World Charity Day**
- 2 Alza Pharmaceuticals ISO 9000 Certification**
- 3 Al-Shifa on Social Media**
- 4 Administrative Re-Organization at AST**
- 5 New Postings at AST Eye Hospitals**
- 6 News Editors meeting at AST**
- 7 ASTEH Administrators Meeting with President**
- 8 Al-Shifa Hujjaj**
- 9 AST participates actively in SAARC Eye Congress**
- 10 Al-Shifa Trust Eye Hospital Sukkur**
- 11 Al-Shifa Trust Eye Hospital, Kohat**
- 12 Pakistan Institute of Ophthalmology – College of Optometry**
- 13 Pakistan Institute of Ophthalmology – School of Public Health**
- 14 Young Friends of Al-Shifa**
- 15 Al-Shifa Center for Community Ophthalmology**
- 16 Appeal**



# World Charity Day

AL-Shifa Trust eye hospital celebrated World Charity Day 05 September in collaboration with Federal Ministry for Information. On this occasion, chief guest, honorable minister for information, Mr. Pervaiz Rasheed urged the public to give donations to credible organizations like Al-Shifa Trust that are working for the welfare of humanity.

The minister also advised the donors to ensure that the money is spent on the welfare of the poor and deserving segments of the society, and that it is not misused by the extremist elements to divide the nation on sectarian, lingual or ethnic lines. He lauded Al Shifa Trust for providing one of the best eye care services in the country to the deserving population.



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# Alza Pharmaceuticals

Alza Pharmaceuticals has been certified by ISO 9000. An affiliate of AST, Alza is one of the most well equipped and modern pharmaceuticals manufacturing facilities in the country. It has recently geared into production phase. We hope that this will go a long way to sustain the wide ranging state of the art quality eye care by Al-Shifa Trust for non-affording patients.



Alza Pharmaceuticals



Alza Pharmaceuticals

## Al-Shifa on social media

Al-Shifa Trust has quite dynamic Facebook page, instagram and Website that has generated lot of interest and are being shared by thousands of followers. Not only these social media sites provide updates about what is happening at AST hospitals, but also provide common tips for maintaining a healthy vision. Our statistics show that in one month over 100,000 likes have been recorded at an average.

## Administrative Re-organization at AST

As the AST eye care network is expanding, there was a need for strengthening the administrative set-up of Trust. A new post has been created under the title of Executive Director Al-Shifa Trust, while the administrative head of each AST hospital has been renamed as Administrator. Brig. (Retd.) Rizwanullah Asghar has been appointed as the first Executive Director of Al-Shifa Trust who brings with him years of experience at ASTEH working earlier under supervision of Founder AST, late Mr. Jahandad Khan and then under the current dynamic leader, Mr. Hamid Javaid. He will assist President AST in looking after the affairs and different projects being executed by the Trust.

Prof. Wajid Ali Khan, who is Dean of PIO was elevated to the post of Chief of Medical Services of AST as a whole and will be supervising the professional and clinical matters of all the AST hospitals.

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# New Postings at AST Eye Hospitals

Prof. Dr. Nadeem Qureshi, HoD of Vitreo retina at ASTEH Rawalpindi has been posted as Chief Consultant of ASTEH Rawalpindi.

Brig. (Retd.) Dr. Shahid Akhtar has taken over as Administrator of Al-Shifa Trust Eye Hospital Rawalpindi. He is a qualified Hospital Administrator with years of experience at the top health care institutions of the country.

Lt. Col. (Retd). Masood has taken over as Administrator of AST Eye Hospital Sukkur.

Welcome Aboard!

## News Editors meeting with President

In order to disseminate the message of Al-Shifa Trust, we periodically arrange a get together with the columnists and editors of the leading newspapers of the country. This time, President AST briefed the media people about the work of our four hospitals and our future projects. Talking about our upcoming Children Eye Hospital, he informed the audience that this hospital will cater for the eye care needs of our children that require specialized treatment not available elsewhere. The project has completed its planning phase and construction is about to start. He also apprised the editors about the measures we are taking to make our services sustainable. Alza Pharmaceuticals progress was shared to create awareness about one of the most modern pharmaceutical manufacturing facilities in the country. The participants showed lot of interest and apart from offering useful suggestions, the newspapers pledged to support the cause of Al-Shifa Trust at all forums.



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## AST Hospital Administrator meeting with President Al-Shifa

All the four Al-Shifa Trust Eye hospitals work hard to keep the highest standards of eye care for the deserving patients from all over the country. Every quarter a meeting to review the progress of the AST hospitals takes place at Trust Headquarters (ASTEH Rawalpindi). During a recent meeting, the hospital administrators and medical superintendents presented their progress reports.

In brief, there was 10-25% increase in patient output as compared to last year. The Sukkur hospital performed well in surgical camps and took some initiatives for awareness and fund raising in Sindh Province. Local TV network telecasted a one hour documentary of ASTEH Sukkur that was widely viewed in the province. ASTEH Kohat performed well in hospital patient care by further strengthening its subspecialties of vitreoretina and oculoplastics. Dr. Asif Aurakzai, completed his first leg of training in oculoplastics at ASTEH Rawalpindi under supervision of Prof. Tayyab Afghani. Dr. Yousaf Khattak is undergoing specialized training in Pediatric Ophthalmology at ASTEH Rawalpindi, while Dr. Aamir will join for his training in glaucoma soon. ASTEH Muzaffarabad is working very hard to provide quality eye care to far flung areas of harsh mountain terrain through its outreach department.

At the meeting, Chief of Medical Services, Prof. Wajid Ali Khan announced that the latest technology in the world to treat Keratoconus (an important sight threatening disease)- Corneal Cross-Linking (CXL) will be soon made available to all the other AST eye hospitals.



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# Al-Shifa Hujjaj

This year, number of employees of Al-Shifa Trust performed Hajj. We congratulate Prof. Dr. Nadeem Qureshi, Prof. Dr. Nadeem Ishaque, Dr. Sorath Noorani, Dr. Shafiqullah, Col. (Retd.) Zahid Iqbal, Mr. Yaseen and Mr. Riaz on performing this important religious obligation.

## Al-Shifa Participates actively in SAARC ophthalmological meeting at Karachi

SAARC countries annual congress of ophthalmology was held this year in Karachi. A delegation of AST comprising Prof. Wajid Ali Khan, Prof. Tayyab Afghani, Dr. Sorath Noorani, Dr. Waqar Pathan, Dr. Mehmood Ali, Dr. Abdullah Naeem Syed and Dr. Farah Islam represented Al-Shifa. Papers and posters were presented by all of them showing the scientific work being carried out at AST hospitals.

## AST Hospital Sukkur

Al-Shifa Trust Eye Hospital Sukkur arranged a visit of orphans from Pakistan Sweet Homes to its premises where the children were provided free eye examination and gifts as token of their visit. The visitors were specially shown around the facilities available here for eye care of the children.



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# Al-Shifa Trust Eye Hospital Kohat

Al-Shifa Trust Eye Hospital Kohat is providing modern surgical facilities for the treatment of cataract and vitreo retina, services that are scarcely available in the area. Soon the specialty of Glaucoma will start functioning here. Kohat Hospital has also arranged a free eye camp for our minorities in St. Augustine Church, Sector Command Brig. Mehmood Azam has also graced the camp and donated under his capacity. 200 patients were screened in this camp and facilitated with free medicine. Recently another school screening took place with the total number of children 380 of Government high school Siab Village.



## Pakistan Institute of Ophthalmology – College of Optometry

- The Quaid-e-Azam University Islamabad held its annual exam for Diploma in Ophthalmology at AST Eye Hospital Rawalpindi. We congratulate Hira Mauzam for clearing this important specialty exam
- The students of Optometry, at College of Optometry, have again excelled in University exams.

### SECOND YEAR



**Farrukh Mahmood**  
1st in UHS



**Hamna Amjad**  
2nd in UHS



**Simab Kishwar**  
3rd in UHS

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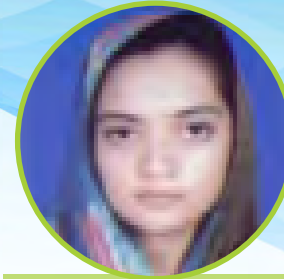
## THIRD YEAR



Maryum Firdous  
1st in UHS



Saad Alam Khan  
2nd in UHS



Sana Azam  
3rd in UHS

## FOURTH YEAR



Tehniat Khan  
1st in UHS



Shamsa Sarwar  
2nd in UHS



Hina Hafeez  
3rd in UHS

- New batch of Optometry will be inducted in the next quarter.

# Pakistan Institute of Ophthalmology Al-Shifa School of Public Health

The next batch for MSPH has been inducted and this year the response of the students has been overwhelming. Students from different professions like doctors, pharmacists, Nurses, Optometrists and social scientists have been selected for this training in public health. The training is being conducted under the supervision of Dr. Inayat Thaver who is a well known public health specialist of the country.

## Young Friends of Al-Shifa

Young Friends of Al-Shifa is the Program which is aimed at encouraging our younger generation to participate in community welfare work. It also creates awareness about eye diseases, care and treatment and the role of Al-Shifa Trust.

Being a very popular program amongst the students of leading teaching institutions of Rawalpindi and Islamabad, this year again, it has attracted lot of volunteers who were briefed by the program coordinator Ms Marium Sohail and Marketing Manager Mr. Shameel Ushaq. The Young Friends took an active part to raise handsome donation for AST.

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# Al-Shifa Center for Community Ophthalmology

During the quarter A total of 108 camps were held where over 10,000 patients were screened for eye diseases. About 100 patients were selected for surgery at base hospital Rawalpindi. About 25,000 children of 70 schools were screened and 6,213 children were provided with glasses.

Eye Screening Camps Sponsored By Al-Shifa Foundation of North America (AFNA) in Khyber Agency Al-Shifa Center for Community Ophthalmology established free eye camps at Tahir Shaheed Army Public School and College Landi Kotal, Village Bokar Pinda Cheena & Village Masdak / Haji Mahmmod Killi (Khyber Agency) on 23rd, 24th and 25th Aug 2016.

This remote and inaccessible underdeveloped area has been in conflict zone for quite some time. On the request of Khyber Rifles, Al-Shifa Center for Community Ophthalmology conducted these camps that were sponsored by Al-Shifa Foundation of North America. A total 2009 patients including children were provided with free treatment. 245 were referred to Al-Shifa Trust Eye Hospital Rawalpindi for free treatment.

Keeping in view the most prevalent eye diseases, awareness session were also conducted at Tahir Shaheed Army Public School & College Landi Kotal and Village Bokar Pinda Cheena and lectures were given by Ms Jawairyah Kanwal to educate the teachers regarding primary eye care and hygiene. Wide media coverage was given in both electronic and print media by ISPR. The local administration, tribal elders of the Zaka Khail, Mashrans and local population appreciated the efforts of Al-Shifa Trust Eye Hospital and Al-Shifa Foundation of North America (AFNA).



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# APPEAL

## Al-Shifa NEEDS Your Support

Al-Shifa is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment mainly to the underprivileged and poor. Almost 75% of all patients attending Al-Shifa Eye Hospital are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropist.

## Your contribution means the gift of sight for someone in need!

Kindly note that your Zakat donations go separately to the accounts which are dedicated for treatment of Zakat patients only.

Kindly send your donations or Zakat to following Account Numbers:-

## In Pakistan

### a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address

" Executive Director  
Al-Shifa Trust Eye Hospital  
Jhelum Road, Rawalpindi "

### a) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

#### **Bank Name:**

Askari Commercial Bank Ltd



#### **Branch/Address:**

Al-Shifa Branch, Jhelum Road, Rawalpindi

#### **A/c Title:**

Al-Shifa Trust

#### **A/c No:**

0181-165000058-5

#### **Bank Name:**

MCB Bank Ltd



#### **Branch/Address:**

Morgah Branch, Morgah Turn, Rawalpindi

#### **A/c Title:**

Al-Shifa Trust

#### **A/c No:**

1389-0701000008-7

**Bank Name:**

National Bank of Pakistan

**Branch/Address:**

Corporate Branch, Bank Road, Saddar, Rawalpindi

**A/c Title:**

Al-Shifa Trust

**A/c No:**

1858-18-5

**Bank Name:**

United Bank Ltd

**Branch/Address:**

Cantt. Branch, Bank Road, Saddar, Rawalpindi

**A/c Title:**

Al-Shifa Trust

**A/c No:**

0041-011-0228-4

**Bank Name:**

Allied Bank Ltd

**Branch/Address:**

DHA Phase -1, Rawalpindi

**A/c Title:**

Al-Shifa Trust

**A/c No:**

0010-006490890016

**Bank Name:**

Habib Bank Ltd

**Branch/Address:**Bahria Town Branch, Commercial Sub Center,  
DHA Business Bay, Block-8, Sector F, Islamabad**A/c Title:**

Al-Shifa Trust

**A/c No:**

2301-79005569-01

**Bank Name:**

Bank Al-Falah Ltd

**Branch/Address:**

The Mall Road

**A/c Title:**

Al-Shifa Trust

**A/c No:**

0007-02906752

**a) Mobile Donation:-**

Account holders of MCB Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

**a) Collection from Home/ office:-**

Donors within Rawalpindi/Islamabad may call Al-Shifa Trust at 051-5487820-5 Ext: 245 or send email at [managerfin@alshifaeye.org](mailto:managerfin@alshifaeye.org) with your contact and complete address for collection of your generous donation/zakat from your home/office.

**Note:**

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".

[www.alshifaeye.org](http://www.alshifaeye.org)



## In UK

### a) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash / cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in UK:-

Sr#	Bank Name	Branch/ Address	A/c Title	A/c No.
1	Habib Bank AG Zurich	5/7 High Street Southall, Middlesex UB 1 3HA, UK	Al-Shifa Trust	7-2-7-20311-402-109356 (Pound Sterling A/c)
2	Habib Bank AG Zurich	5/7 High Street Southall, Middlesex UB 1 3HA, UK	Al-Shifa Trust	7-2-7-20311-333-109356 (US Dollar A/c)
3	HSBC Bank	Auchin Leck House, Birmingham	Al-Shifa Trust	40-1108-41311565

**Note:**  
In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363

## In USA

### a) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash / cheques in following bank account of Al Shifa Foundation for North America on online basis from any branch of this bank in USA:-

Sr#	Bank Name	Branch/ Address	A/c Title	A/c No.
1	National Bank of Pakistan	100 Wall Street, 21st Floor New York, NY 10005	Al-Shifa Trust	52152578

### b) Contribution at office:-

Send cheques in the name of "Al Shifa Foundation of North America (AFNA)" at following address:  
Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540. Tel: (609)279-1400,  
email: [info@afnausa.org](mailto:info@afnausa.org) website: [www.afnausa.org](http://www.afnausa.org).



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### c) Contribution through PayPal:

For donors outside the country especially UK and USA provision for online donations through PayPal is also available now.

**Note:**  
In USA, you can get Tax Exemption if your cheques are made payable to AFNA (Al-Shifa Foundation of North America). AFNA has been granted not-for-profit status under section 501(c) (3) status of the Internal Revenue Service Code Tax ID No: 36-4328912 (For use of US Residents Only)



#### **Al-Shifa Trust Eye Hospital, Jhelum Road, Rawalpindi, Pakistan**

**Tel:** 0092 51 5487820-25, **Fax:** 0092 51 5487827

**Email:** info@alshifaeye.org, ed@alshifaeye.org



#### **Al-Shifa Trust Eye Hospital, Railway Road, Sukkur, Pakistan**

**Tel:** 0092 71 5612766, 0092 71 5615466 **Fax:** 0092 71 5613453

**Email:** info@alshifaeye.org, edsukkur@alshifaeye.org



#### **Al-Shifa Trust Eye Hospital, KDA, Kohat, Pakistan**

**Tel:** 0092 922 515686, 0092 922 515710 **Fax:** 0092 922 515668

**Email:** info@alshifaeye.org, edkohat@alshifaeye.org



#### **Al-Shifa Trust Eye Hospital, Ambore Camp, Muzaffarabad, Azad Jammu and Kashmir**

**Tel:** 0092 5822432159, 0092 5822432144, **Fax:** 0092 51 5487827

**Email:** info@alshifaeye.org, edmzd@alshifaeye.org