



World Health Organization

AL-SHIFA TRUST NEWS LETTER

Volume 26, Number 61, February 2015

www.alshifaeye.org



COMMERCIAL TOWER

Construction of Al-Shifa Towers is steadily progressing. This seven storied complex will provide state of the art commercial facilities for offices, hotels, and wide range of other allied activities. This will be another important source to provide support for AST.



PEDIATRIC EYE HOSPITAL

The current major project being undertaken by Al-Shifa Trust is the establishment of state of the art eye hospital which will exclusively cater for children eye diseases. The site and line-plan has been finalized and construction will start soon. Being the first of its kind, the project has an estimated budget of Rs.500 million.



PHARMACEUTICAL PROJECT-ALZA

Al-Shifa Trust has achieved another milestone. The pharmaceutical manufacturing facility of Al-Shifa has its name registered with Ministry of Health and is ready to start its full-scale production soon. The name "Alza " mean "To Rise". We hope to start production of a wide range of quality medicines in near future. It is one of the major projects for sustainability of ASTEH.

INSIDE

- COMMERCIAL TOWER
- PEDIATRIC EYE HOSPITAL
- PHARMACEUTICAL PROJECT-ALZA
- 4th DEATH ANNIVERSARY LT GEN (R) JAHANDAD KHAN (LATE)
- CAPACITY BUILDING OF ASTEH RAWALPINDI
- DEPARTMENT OF PUBLIC HEALTH PARTICIPATES IN INTERNATIONAL PUBLIC HEALTH CONFERENCE.
- STUDENTS FROM FAUJI FOUNDATION COLLEGE VISITS ASTEH RAWALPINDI.
- VISUALLY CHALLENGED FROM GILGIT BALTISTAN VISITS ASTEH RAWALPINDI.
- AL-SHIFA TRUST EYE HOSPITAL SUKKUR.
- AL-SHIFA TRUST EYE HOSPITAL KOHAT.
- AL-SHIFA TRUST EYE HOSPITAL MUZAFARABAD.
- NEW ACADEMIC SESSION BEGINS AT PAKISTAN INSTITUTE OF OPHTHALMOLOGY.
- AL-SHIFA CENTER FOR COMMUNITY OPHTHALMOLOGY.
- YOUNG FRIENDS OF AL-SHIFA FROM AFNA VISITS ASTEH.
- BORN AGAIN.
- APPEAL.

4TH DEATH ANNIVERSARY LT GEN (R) JAHANDAD KHAN (LATE)



Al-Shifa Trust Eye Hospitals is one of the largest eye care centers in Pakistan, where more than 5 lac patients are treated every year. 4th death anniversary of late Lt Gen (R) Jahandad Khan , founder of Al-Shifa Trust Eye Hospitals was celebrated on 13th Feb 2015.

Flower Wreath was laid at the grave by Lt Gen (R) Hamid Javaid, President of Al-Shifa Trust and Dua was offered in the mosque.

CAPACITY BUILDING OF ASTEH, RAWALPINDI



ADMINISTRATION BLOCK

Groundbreaking ceremony of Administration Block was held in the premises of Al-Shifa Trust Eye Hospital on Nov 24, 2014. President AST, Lt Gen (R) Hamid Javed was the chief guest. The planned building comprises of new cafeteria, Procurement Offices and a Stores Block.

SUBSPECIALTY RENOVATION

Due to ever increasing number of patients, certain improvement had become compulsory. Retina block has been refurbished & the patient seating capacity has been increased by 30%. Department of retina is one of the leading referral centers of the country & is constantly in need of increasing its capacity.

- Department of Glaucoma and Oculoplastics are currently housed in a single block. With over 14000 patients registered with glaucoma unit and department of orbit and oculoplastics being one of the very few in the country, both these need significant expansion in terms of infrastructure and manpower. Work in this regards is now in progress.



FAUJI FOUNDATION COLLEGE VISITS ASTEH RAWALPINDI

Fauji Foundation Girls College students visited various departments of Al-Shifa Trust Eye Hospital Rawalpindi to learn about the type and range of patient care. Highly impressed by the standard of care, the students felt proud that such a facility of international standard is available to all sections of the society.



VISUALLY CHALLENGED VISITS ASTEH

On December 22 2014 ASTEH Rawalpindi warmly welcomed a group of visually challenged individuals from Gilgit Baltistan. This Exposure Tour was arranged by Vision Welfare Foundation (VWF) & Muhammad Ali Welfare Association Pakistan (MAWA). The delegation was impressed by the wide range of modern facilities available at Light House. Members of the delegation were eager to learn and adapt to the new concepts of low vision care which was presented to them at Al-Shifa.



MSPH DEPARTMENT HOLDS SEMINAR ON SENSITIVE GENDER ISSUES

On the occasion of International Human Rights Day, Department of Public Health ASTEH arranged a seminar on "Stopping Gender Based Violence, Early Child Marriages – Public Health Perspective on 8th December 2014. It was in collaboration with well known NGO Aurat Foundation. Dr. Azra Batool renowned Gynecologist of the country was the chief guest. In addition to national speakers, students of MSPH made impressive presentations while two role plays on gender inequity and reproductive health issues were very well received by the audience.

DEPARTMENT OF PUBLIC HEALTH PARTICIPATES IN INTERNATIONAL PUBLIC HEALTH CONFERENCE

Department of Public Health Al-Shifa Trust Eye Hospital Rawalpindi actively participated in 5th Annual Public Health Conference held on 11- 12th December 2014 in Health services Academy Islamabad. The theme was " Universal Health coverage : Issues and Challenges in Pakistan. Al-Shifa Trust also put up its stall where activities of Al-Shifa Trust Eye Hospital and its various departments were highlighted. Dr. Zahid Ahmed Butt, Head of Al-Shifa Department of Public Health and Prof. Tayyab Afghani from Al-Shifa Trust Eye Hospital Rawalpindi were invited as key note speakers in different sessions, while Dr. Hashim Riaz, Dr. Ayesha Babar Kawish and Dr. Haleema Masud from MSPH Department also presented original scientific papers in their respective fields.

AL-SHIFA CENTER FOR COMMUNITY OPHTHALMOLOGY



SWAT SCREENING CAMP

- Al-Shifa Center for Community Ophthalmology (ACCO) organized screening eye camps and school screening at Swat from 15 to 17 December 2014. It was sponsored by Al-Shifa Foundation for North America in collaboration with Pakistan Army. The camp involved screening of rural population for eye diseases especially cataract and diabetes as well as school screening program.
- During the screening camp, about one thousand patients were screened out of which 65 patients were taken to ASTEH for cataract surgery.
- School screening was also held at school where once World's youngest Nobel Laureate, Malala Yousfzai took her early education and started her crusade for girl education in Pakistan. About six hundred girl students were screened, out of which 116 in need of advanced treatment were referred to ASTEH Rawalpindi. Visually Impaired students were also given free glasses.

Young Friends of Al-Shifa from AFNA Visited ASTEH

A group of students from the AFNA visited the ASTEH hospitals, during their visit they were briefed about different services and facilities being provided at Al-Shifa Eye hospitals. They saw working of different departments and assisted the staff and doctors. Their voluntary involvement in the tasks gave them a first hand exposure to the working of the trust and its services for the needy. The efforts of the Al-Shifa Eye Trust was appreciated by all and thus vowed to keep supporting the cause.

NEW ACADEMIC SESSION BEGINS AT PAKISTAN INSTITUTE OF OPHTHALMOLOGY

- New batches have been inducted in MSPH and BSc Optometry. The competition for Optometry was especially tough where majority of the top slots were clenched by girl students having over 80% marks in A level/FSc.
- Final exams for first batch of MSPH are also in progress now a days.
- In view of the demand by the professional applicants, evening classes have been planned for next batch of MSPH.



NEW GAZEBO FOR PATIENTS COMFORT

To improve the seating capacity for the people who come from far and wide and to cater for their comfort, a gazebo has recently been constructed which adds to the waiting capacity and beauty of the premises.

BORN AGAIN

There was great rejoicing in Khan Family when Abdullah was born. He was the first male child after a long time. But the joy soon turned to sorrow: He was blind from both eyes due to congenital cataract. The cost of each surgery was 5 times the salary of his father, a worker at a shanty hotel in village Dinga, District Gujrat. Two years later a visiting friend advised the family to take the child to Al Shifa Trust Eye Hospital Rawalpindi where the child has since been operated free of cost and now he can see.

BREAST CANCER AWARENESS WALK

Breast cancer is a leading cause of death and disability, especially among young women in low- and middle-income groups. To enhance awareness, raise know how and reduce the stigma of breast cancer, Department of MSPH conducted a walk within the premises of Al-Shifa Trust Eye Hospital, Rawalpindi.



“FROM DARKNESS TO LIGHT AL-SHIFA FIGHTS FOR SIGHT”



AL-SHIFA TRUST EYE HOSPITAL SUKKUR

ASTEH Sukkur is constantly endeavoring to make its mark in the field of prevention and control of blindness in the south of Pakistan. There is a steady rise in patient workload and patients from as far as Balochistan and South Punjab are utilizing this unique facility. Sukkur Hospital carryout extensive outreach activity by arranging free eye camps in the far-flung areas of Sindh and Balochistan.



AL-SHIFA TRUST EYE HOSPITAL MUZAFFARABAD

With the introduction of modern laser equipment for treatment of cataract and diabetic eye disease, ASTEH Muzaffarabad is now one of the only centers in Azad Jammu and Kashmir offering such services on regular basis. The hospital is also conducting extensive school screening program in Neelam Valley with the support from Fred Hollows Foundation in hilly and chilly areas.



AL-SHIFA TRUST EYE HOSPITAL KOHAT

ASTEH Kohat has now become one of the leading eye hospitals of the KPK province. Presence of competent professionals and wide range of modern equipment has gradually attracted increasing number of patients from different parts of the province. Recently a routine visit was paid by a delegation of AST Hospital Management Committee. The Committee expressed satisfaction over the number of patients treated and operated at the hospital. The hospital has recently completed the construction of two modern residences for the permanent staff of the hospital.

www.alshifaeye.org



PMDC ACCREDITATION /RECOGNITION

Pakistan Medical & Dental Council inspected the facilities of Al-Shifa and reaccredited it for training of diploma in ophthalmology, fellowship in ophthalmology and masters in public health.



OSP CLINICAL MEETING

A clinical meeting was held at Al-Shifa trust Rawalpindi on 28th Feb. This was part of ophthalmological society of Pakistan (federal) ongoing clinical season. Around 80 ophthalmologist from Al-Shifa Rawalpindi, Islamabad, Jhelum , Attock , GujarKhan , Talagang and adjoining areas attended the meeting. All departments of Al-Shifa presented interesting cases which generated tremendous interest among the participants.



GLOBAL TECHNICAL ADVISOR TO LIONS CLUB INTERNATIONAL VISITS ASTEH

Dr. pararajasegaram has been associated with prevention and control of blindness program since 40 years. He has long association with ASTEH since its origin. Being on the panel of many organizations he is a good ambassador for Al-Shifa Trust. Dr. pararajasegaram visited ASTEH recently after couple of years, During his visit he benefited our resident doctors, MSPH students and all other departments with his lectures, knowledge and meetings, where many new ideas about research programs were exchanged. Project officer and ACCO department separately presented the current progress and ongoing projects of ASTEH to him.

HONORARY CITIZENSHIP OF THE CITY OF PORT LOUIS, MAURITIUS

During the recent visit of chief consultant and his team of doctors to Mauritius in 1st week of November, the city council of Port Louis awarded the honorary citizenship to Prof.Dr.Wajid Ali Khan in recognition of the services rendered by him. A special ceremony was held at the city council hall on 6th November 2014 and Honorable Lord Mayor of Port Louis presented the award of Honorary Citizenship of The City of Port Louis to him. She appreciated the services rendered by the Pakistani delegation and the contributions made in bringing the governments and people of both countries together. It is a great honor for Al-Shifa and Pakistan. We are grateful to the government and people of Mauritius for bestowing this extraordinary award.

MOU FOR CORNEAL TRANSPLANT

President Al-Shifa Trust gave a direction to cornea department to try and find new sources of donor cornea tissues. The idea is to increase the number of cornea transplants at Al-Shifa . In pursuance of above objective an MOU has been signed with Midwest Eye bank in America according to which Al-Shifa Trust will get additional 20 corneas per month . This will immensely increase the output capacity of cornea department and benefit a large number of corneal patients.

“NINE OUT OF EVERY TEN BLIND PERSONS LIVE IN DEVELOPING ECONOMIES.”

www.alshifaeye.org

AL-SHIFA NEEDS YOUR SUPPORT

Al-Shifa trust is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment mainly to the underprivileged and poor. Almost 75% of all patients visiting Al-Shifa Trust Eye Hospitals are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropist.

YOUR CONTRIBUTION MEANS THE GIFT OF SIGHT FOR SOMEONE IN NEED!

Kindly note that your Zakat/Donations go separately to the accounts which are dedicated for treatment of poor patients only.

Kindly send your donations or Zakat to following Account Numbers:-

IN PAKISTAN

a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address:

"EXECUTIVE DIRECTOR

AL-SHIFA TRUST EYE HOSPITAL

JHELUM ROAD, RAWALPINDI".

b) Mobile Donation:-

Account holders of MCB Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

c) Collection from Home/ office:-

Donors within Rawalpindi/Islamabad may call **Al-Shifa Trust at 051-5487820-5**

Ext: 245 or send email at managerfin@alshifaeye.org with your contact and complete address for collection of your generous donation/zakat from your home/office.

Note:

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".

d) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

Sr. #	Bank Name	Branch/ Address	A/c Title	A/c No.
1	Askari Commercial Bank Ltd	Al-Shifa Branch, Jhelum Road, Rawalpindi	Al-Shifa Trust	0181-165000058-5
2	MCB Bank Ltd	Morgah Branch, Morgah Turn, Rawalpindi	Al-Shifa Trust	1389-0701000008-7
3	National Bank of Pakistan	Corporate Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	1858-18-5
4	United Bank Ltd	Cantt. Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	0041-011-0228-4
5	Allied Bank Ltd	DHA Phase -1, Rawalpindi.	Al-Shifa Trust	0010-006490890016
6	Habib Bank Ltd	Bahria Town Branch, DHA Business Bay, Sector F, Islamabad	Al-Shifa Trust	2301-79005569-01
	Bank Al-Falah Ltd	The Mall Road	Al-Shifa Trust	0007-02906752

IN UK

a) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash / cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in UK:-

Sr. #	Bank Name	Branch/ Address	A/c Title	A/c No.
1	Habib Bank AG Zurich	5/7 High Street Southall, Middlesex UB 1 3HA, UK	Al-Shifa Trust	7-2-7-20311-402-109356 (Pound Sterling A/c)
2	Habib Bank AG Zurich	5/7 High Street Southall, Middlesex UB 1 3HA, UK	Al-Shifa Trust	7-2-7-20311-333-109356 (US Dollar A/c)
3	HSBC Bank	AuchinLeck House, Birmingham	Al-Shifa Trust	40-1108-41311565

Note:

In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363.

"LET THERE BE LIGHT"

www.alshifaeye.org



World Health Organization



IN USA

a) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash / cheques in following bank account of Al Shifa Foundation for North America on online basis from any branch of this bank in USA:-

Sr. #	Bank Name	Branch/ Address	A/c Title	A/c No.
1	National Bank of Pakistan	100 Wall Street, 21st Floor New York, NY 10005	Al-Shifa Trust	52152578

b) Contribution at office:-

Send cheques in the name of "Al Shifa Foundation of North America (AFNA)" at following address:
 "Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540. Tel: (609)279-1400, email: info@afnausa.org website: www.afnausa.org."

c) Contribution through PayPal:

For donors outside the country especially UK and USA provision for online donations through PayPal is also available now.

Note:

In USA, you can get Tax Exemption if your cheques are made payable to AFNA (Al-Shifa Foundation of North America). AFNA has been granted not-for-profit status under section 501(c) (3) status of the Internal Revenue Service Code Tax ID No: 36-4328912 (For use of US Residents Only)

Al-Shifa Trust Eye Hospital, Jhelum Road, Rawalpindi, Pakistan

Tel: 0092 51 5487820-25, Fax: 0092 51 5487827

Email: info@alshifaeye.org, ed@alshifaeye.org

Al-Shifa Trust Eye Hospital, KDA, Kohat, Pakistan

Tel: 0092 922 515686, 0092 922 515710

Fax: 0092 922 515668

Email: info@alshifaeye.org, edkohat@alshifaeye.org

Al-Shifa Trust Eye Hospital, Railway Road, Sukkur, Pakistan

Tel: 0092 71 5612766, 0092 71 5615466

Fax: 0092 71 5613453

Email: info@alshifaeye.org, edsukkur@alshifaeye.org

Al-Shifa Trust Eye Hospital, Ambore Camp, Muzaffarabad, Azad Jammu and Kashmir

Tel: 0092 5822432159, 0092 5822432144

Fax: 0092 51 5487827

Email: info@alshifaeye.org, edmzd@alshifaeye.org