

AL-SHIFA TRUST EYE HOSPITALS
Rawalpindi-Sukkur-Kohat-Muzaffarabad

February 2021 | Vol. 38 | Number 78

ENVISIONING VISION



www.alshifaeye.org

We Care For Eye Care inside >



Giving is not
just about making a
donation
It is about making a
Difference

Donate Generously

Donations can be sent directly to:

Al-Shifa Trust Eye Hospitals
Rawalpindi-Sukkur-Kohat-Muzaffarabad

Address: Jhelum Road, Rawalpindi. **Ph:** +92-51-5487821-5, **Email:** info@alshifaeye.org

www.alshifaeye.org

President's Message

I highly appreciate the whole Al-Shifa staff who continued to perform their duties with dedication during the COVID-19 pandemic. Our doctors and the staff continued to serve the patients devotedly without caring for their own life. A few members of the staff contracted the coronavirus, but this did not deter others from turning up at work every day. Staff at Al-Shifa Trust Eye Hospitals followed strict SOPs to prevent the spread of the coronavirus. All due surgeries were performed on time. Despite the emergency situation, excellent patient handling was seen. Al-Shifa Trust Hospitals are still serving more than 1500 patients daily.

I thank all our doctors and staff who have braved the outbreak to help our patients see better and brighter. Doctors at AST have truly lived up to their Hippocratic Oath to serve their patients come what may. God bless them for their fight against blindness. I highly appreciate their work!



Warm Welcome to our New Trustees

Al-Shifa Trust is pleased to welcome three new trustees as Board Members of Al-Shifa Trust. They bring with them a wealth of experience across various fields. Al-Shifa welcomes Lt. Gen. (Retd) Muhammad Masood Aslam, Mr. Akbar Ali Mattoo, and Syed Ghazanfar Abbas Jillani. With their vast experience, they will help the Trust to reach new heights.



COMSTECH & Al-Shifa Trust Sign MoU for prevention and control of blindness in OIC Member States

Al-Shifa Trust Eye Hospital and COMSTECH-OIC Ministerial Standing Committee on Scientific and Technological Cooperation signed an MoU for capacity building, research collaboration in Ophthalmology, and conducting eye camps in different OIC member states. The MoU ceremony was held at COMSTECH headquarters and signed by Prof. Dr. M. Iqbal Choudhary, Coordinator General, COMSTECH and Maj. Gen. Rehmat Khan (R), President, Al-Shifa Trust. The Vice-Chancellor of the University of The Gambia, Prof. Dr. Faqir Muhammad Anjum and Mr. Mohammad Adeel, Assistant Director, Science Diplomacy, Ministry of Foreign Affairs, Pakistan were also present at the occasion.

According to the MoU, Al-Shifa Trust in partnership with COMSTECH will invite research collaboration from OIC member states and offer observerships and clinical fellowships to candidates from OIC countries in the subspecialties of ophthalmology such as Cornea and Refractive Surgery, Vitreo-retina, Pediatric Ophthalmology, Glaucoma, and Orbit and Oculoplastics.

Additionally, Al-Shifa Trust will extend its help to fight preventable blindness in OIC member states by sending its highly qualified and experienced surgeons to undertake surgical camps for cataract. This delegation of doctors will also train young surgeons of the host countries as well as perform advanced surgical procedures in the sub-specialties of eye diseases.





Exceptional Performance of Al-Shifa in Research

Al-Shifa carries out a diverse array of research activities in the field of ophthalmology. As compared to the previous years, this time our faculty published the highest number of research publications in highly reputed national and international journals like JAMA Oncology, Scientific Reports Journal, Clinical Genetics, Molecular Genetics and Genomic Medicine, Journal of Professional Nursing, Journal of Applied Pharmacy, International Journal of Environmental Research and Public Health, Journal of Malaria, and JPMA. There has been the authorship of one book chapter also. Along with this, 70 dissertations have been written by trainees and students with more than 50 presentations in conferences and several webinars by the faculty.

Al-Shifa Research Center realizes the value in bringing the scientific evidence as well as appreciates the importance of scientific culture as long as everyone continues to work together as a team and give their best.

Center for Eye Cancer – Breakthrough at National Level

The idea of establishing a National Center for Eye Cancer was approved by President of the Trust last year and since then lot of work has been done to establish a center where patients of all types of eye cancers can be treated under one roof offering them comprehensive services like diagnosis, surgery, chemotherapy, counselling and rehabilitation. A cancer coordinator and an oncologist has already started working and that has resulted in tremendous relief for patients.

Side by side public awareness campaign and advocacy is also going on. One national and one international Webinar on eye cancer has been organized already by Al-Shifa Trust. A major breakthrough is that for the first time in country history, the eye cancer has been now included in the next 5 years national program for prevention and control of blindness by the government. Thanks to the persistent advocacy by Al-Shifa Trust.





Al-Shifa Research Work on Eye Cancer Acknowledged Internationally

Prof. Dr. Tayyab Afghani, Senior Consultant and HOD Oculoplastics at AST had the honor of presenting his scientific research on cancer of the eye at the first-ever online global gathering in Ophthalmology - Virtual World Ophthalmology Congress - held from June 20 to June 29. His work was presented virtually in a world-class meeting attended by over 7000 participants from 157 countries. Dr. Afghani has extensive experience in the diagnosis and treatment of cancers in and around the eye.



Webinar on Eye Cancer in Children

An international Webinar on “Eye Cancer in Children- A comprehensive approach” was organized on 03 January 2021 by the Oculoplastic Society of South Asia and Pakistan Oculoplastic Association (POA). Al-Shifa Trust was the host institution and Prof. Tayyab Afghani, who is also President of Pakistan Oculoplastic



Association was the chief organizer and one of the speakers at the webinar and talked about a comprehensive approach for eye cancer in children. Expert ophthalmologists from Bangladesh, Nepal, India, and the USA also participated in the webinar. Dr. Hakan Demirci, a leading world eye cancer specialist was the guest speaker.

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Participation in Public Health Webinars

Amid the COVID-19 pandemic, it was important to maintain social distances. However, this time was well utilized by using the alternative for communication and learning through webinars. In this context, the Head of the MSPH program, Dr. Ayesha Babar kept Al-Shifa's presence relevant by participating as a guest speaker in several webinars. She acted as a facilitator and trainer in a webinar on family planning innovations in collaboration with Rural Health Research Center (RHRC) & Médecins du Monde. She also organized a webinar on Combatting Eye Cancers, policy options & Role of Al-Shifa Trust Eye Hospital by SDPI. She participated in a video message for a dialogue on women's choices for better choices in family planning by Safe Motherhood Alliance and was a panelist in a radio talk on nutrition for vulnerable populations.



UNIVERSAL HEALTH COVERAGE AND NUTRITION INTEGRATION CHALLENGES TO HEALTH SYSTEMS IN PAKISTAN DURING COVID-19

DATE: January 14, 2021 | TIME: 3:00 pm to 4:30 pm PST

WEBCAST | LIVE

www.sdpi.tv

Certificate of Appreciation

This certificate is presented to

Dr. Ayesha Babar Kawish

for recognition of her services as a facilitator in

Webinar on "Breastfeeding & COVID-19"

Thursday, 13 Aug. 2020

Organized by:

Scaling Up Nutrition Civil Society Alliance Pakistan

Samia Liaquat Ali Khan
Chair SUNCSA Pakistan

Dr. Shubina Raza
Secretary SUNCSA Pakistan

President AST visits Chakwal

Maj Gen (Retd) Rehmat Khan, President Al-Shifa Trust visited Chakwal where Al-Shifa Trust Eye Hospital Chakwal is nearing completion. The new hospital will bring quality eye care to the people of Chakwal and adjoining areas.



PIO Registrar visits UHS

Dr. Ismat Ullah Chaudhry, Registrar Pakistan Institute of Ophthalmology, attended a meeting in UHS Lahore held to decide a uniform curriculum for BS Optometry. Representatives from nine other universities also took part in the meeting. This will be an important step for the development of standardized curricula in the field of Optometry.



Picture Exhibition: Al-Shifa Has Got the Talent!

A photographic exhibition was held at AST on November 4, 2020. The exhibition was organized in PIO corridors at Al-Shifa Trust Eye Hospital. Mian Muhammad Javed, Trustee Al-Shifa Trust inaugurated the event. The exhibition featured the work of Dr. Nadeem Qureshi, Chief Consultant and HOD Vitreo Retina. Dr. Qureshi's photographs displayed the beautiful autumn colors of Northern Pakistan. Having a great passion for photography he has traveled the length and breadth of the country to cover its natural beauty. His photographic work was appreciated by all.

The proceeds of the exhibition were donated to Al-Shifa Trust Eye Hospital. Such exhibitions at AST provide a platform for our doctors and staff to share their inspiring hobbies as a piece of art.





Allied Hospitals: Performance during COVID-19

Al-Shifa Trust is proud to announce the outstanding performance of its allied hospitals amid a crippling pandemic. A total of 57,541 patients were seen in the OPDs of our allied hospitals in Muzaffarabad, Sukkur, and Kohat, whereas 5925 patients were attended in the IPDs.

Allied Hospital	OPD Patients	IPD Patients
Muzaffarabad	10019	472
Sukkur	29602	2402
Kohat	17920	3051

Chief Minister Gilgit Baltistan visits Al-Shifa Trust Eye Hospital Rwp

Mir Afzal, Care Taker, Chief Minister, Gilgit Baltistan visited Al-Shifa Trust Eye Hospital. He traveled all the way from Gilgit Baltistan seeking the best ophthalmic services. He was highly impressed with the expertise of our doctors and complete eye care diagnostic facilities at Al-Shifa Trust. Mr. Afzal also met Major General (Retd.) Rehmat Khan, prenent AST and spoke highly of infrastructure and service provision here.



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Vice-Chancellor Quaid-e-Azam University visits Al-Shifa

Prof. Dr. Muhammad Ali, Vice-Chancellor Quaid-e-Azam University (QAU) visited Al-Shifa Trust Eye Hospital, Rawalpindi. He highly appreciated the dedicated efforts of the Trust in providing care for the patients being treated at Al-Shifa. He was impressed by the excellent health standards followed at the hospital and with the availability of the latest equipment for Laser Eye Treatment and other procedures in eye care. Professor Ali also visited Pakistan Institute of Ophthalmology (PIO) - the academic wing of AST - and appreciated the MS in Public Health program offered at AST in affiliation with Quaid-e-Azam University, Islamabad.





Welcome, New Doctors!

Al-Shifa Trust is very pleased to announce that four new doctors have joined our team. Dr. Sara Riaz from Layton Rahmatullah Benevolent Trust (LRBT) has joined us as Assistant Professor/Consultant. She has vast experience and a proven track record of success in the field of ophthalmology, which will be invaluable in meeting AST's goals and objectives. Dr. Iram Maqsood has joined us as Manager Medical Services, Dr. Hina Munawar as Pathologist, and Dr. Afshan Asif as Pediatrician.

Our new doctors bring with them the required knowledge, skills, and talent that will help AST with its commitment to fight blindness in the country.



Dr. Iram Maqsood



Dr. Sara Riaz



Dr. Hina Munawar



Dr. Afshan Asif

Patient story

Tukhail Esa, a 106-year-old patient from Kohat was suffering from a life threatening eye cancer. Due to her advanced age and heart disease, it was a high-risk operation. She was refused surgery at all other facilities, but doctors at AST agreed to treat Esa. Dr. Tayyab Afghani, HOD Oculoplastic and his team successfully removed the tumor.

The tumor was completely removed and the patient was doing well post-surgically. Such quality work of our doctors is hall mark of AST.



Poster Competition to celebrate World Sight Day

World Sight Day was observed at Pakistan Institute of Ophthalmology (PIO). Al-Shifa Trust Eye Hospital to raise awareness and advocate on behalf of visually impaired people. Students from BS Optometry participated in the competition and created posters with the theme "Hope In Sight". Nimar Altaf, a third-year BS Optometry student at PIO, and Waheed Bakhsh from Gulistan, Dera Bugti were announced as winners of the competition. Congratulations to both of them!





AST to lead Sightsavers Program for Strengthening Low Vision Services

Sightsavers project for strengthening of low vision services in Pakistan will be led by Al-Shifa Trust. An agreement has been signed for a period of three years. AST will implement the project in 15 centers across Pakistan. The total cost of the project is 31 million that will be spent over a span of 3 years. Sightsavers will contribute funding for Human Resource Development, Refurbishment of 15 Low Vision Clinics, Provision of Low Vision Inventory, and Linkages Development. This collaboration is a big step forward in achieving Al-Shifa's goal for prevention and control of visual impairment, fight limited sight and blindness in Pakistan.



Al-Shifa Trust aggrieved over the Loss of one of its Valuable Donors



We are deeply saddened to share the passing away of Dr. Parveen Aziz, who became our Patron in 2014. She passed away on June 30, 2020. A philanthropist at heart, Ms. Parveen Aziz generously contributed to Al-Shifa Trust's cause to prevent blindness in Pakistan. We are grateful for her support given over all these years. May Allah Bless her soul!



Donation appeal to fight blindness this Ramadan

In the spirit of Ramadan—a month of compassion and giving—let's donate to save someone's sight. Help us raise funds to provide the much-needed eye care to our deserving patients.

Your
Donations
enable them
see the world
better
and
brighter.





Thank you to all our Fundraisers!

We're hugely grateful to everyone who has helped us in our journey to fight against blindness by contributing financially and by their services in all forms and in all domains.

How to Help

• **Make a Donation**

ONLINE at: <http://www.alshifaeye.org/online-donation.php>

IN PERSON: You can donate in person by visiting the donation office at Al-Shifa Trust Eye Hospital

BY CHEQUE: Please make your cheque payable to Al-Shifa Trust Eye Hospital. Post your cheques to us at: Al-Shifa Trust Eye Hospital, Jhelum Road Rawalpindi

• **Sponsor a Camp**

You can Sponsor a camp in your area of Choice. For more details, visit our website or contact ACCO department at Al-Shifa Trust.

• **Join Our Online Community**

You can keep up to date with Al-Shifa Trust activities and how donations are helping patients everyday through our website and social media channels. Make sure you like and follow us:

• **Website:** <http://www.alshifaeye.org/>

• **Facebook:** <https://www.facebook.com/alshifaeye2eye/>

• **YouTube:** <https://bit.ly/2DxYRvT>

• **Become a Charity Ambassador**

Ambassadors serve as an unofficial representative of the charity within the local community. If you are an active, enthusiastic person who wants to help raise awareness of how we can make it even better for patients across Pakistan, drop in a message at our Facebook page.

• **Leave a legacy of Eye Donation**

Leaving a charitable bequest in your will is a generous way to make a lifelong donation.

You can advance this cause and be a source of light for yet another generation to come. If you're interested in leaving this most precious gift in your will and would like to know more, please contact us on ...charity@alshifaeye.org.



APPEAL

Al-Shifa NEEDS Your Support

Al-Shifa is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment to all. Almost 75% of all patients visiting Al-Shifa Eye Hospital are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropists. We encourage you to support our work wholeheartedly by donating generously.

Your contribution means the gift of sight for someone in need!

Kindly note that your Zakat donations go separately to the accounts which are dedicated for treatment of Zakat patients only.

Kindly send your donations or Zakat to following Account Numbers:-

In Pakistan

a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address

"Executive Director, Al-Shifa Trust Eye Hospital
Jhelum Road, Rawalpindi".

b) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

S.No.	Bank Name	Branch/ Address	A/c Title	A/c No.
1.	Askari Bank Ltd	Al-Shifa Branch, Jhelum Road, Rawalpindi	Al-Shifa Trust	0181-165000058-5
2.	MCB Bank Ltd	Morgah Branch, Morgah Turn, Rawalpindi	Al-Shifa Trust	01389-0701000008-7
3.	United Bank Ltd	Cantt. Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	0041-011-0228-4
4.	Allied Bank Ltd	DHA Phase-1, Rawalpindi	Al-Shifa Trust	0010-006490890016
5.	Habib Bank Ltd	Bahria Town Branch, Commercial Sub Centre, DHA Business Bay, Block-8, Sector F, Islamabad	Al-Shifa Trust	2301-79005569-01
6.	Meezan Bank Ltd (For Zakat)	Bohar Bazar Rawalpindi	Al-Shifa Trust	0100359180

c) Mobile Donation:-

Account holders of MCB Bank Ltd & United Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

d) Collection from Home/ office:-

Donors within Rawalpindi/Islamabad may call Al-Shifa Trust at 051-5487821-5 Ext: 225 or send

email at gmf@alshifaeye.org with your contact and complete address for collection of your generous donation/zakat from your home/office.

Note:

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".



In UK

a) Direct/ Online Deposit in Bank Accounts:-

UK based donors may deposit their contributions in below mentioned banks of Al-Shifa Trust in UK.

S.No.	Bank Name	Branch/ Address	A/c Title	A/c No.
1.	HSBC Bank	Auchin Leck House, Birmingham	Al-Shifa Trust	40-11-08-41311565

b) Contribution at Office:-

Send cheques in the name of 'Al-Shifa Trust' at following address

'Mr. M. Younis Bhatti'

(Coordinator)

Younis Bhatti & Co Ltd

1st floor 93, Broad Street, Birmingham, B 15 , 1AU, United Kingdom

Note: In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363

In USA

Al-Shifa Foundation of North America

a) Contribution at AFNA office:-

Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540

Tel: (609)279-1400, Email: info@afnausa.org Website: www.afnausa.org

b) Online Donations:-

In USA donation made to AFNA (Al-Shifa Foundation of North America) by cheque or online has been granted not for profit 501 (C) (3) status of Internal Revenue Service Tax ID No: 36-4328912

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OUR HOSPITALS

Rawalpindi

Al-Shifa Trust Eye Hospital,
Jhelum Road, Rawalpindi, Pakistan
Tel: 0092 51 5487821-5, Fax: 0092 51 5487827
Email: info@alshifaeye.org, ed@alshifaeye.org

Sukkur

Al-Shifa Trust Eye Hospital,
Railway Road, Sukkur, Pakistan
Tel: 0092 71 5612766, 0092 71 5615466
Fax: 0092 71 5613453
Email: info@alshifaeye.org, edsukkur@alshifaeye.org

Kohat

Al-Shifa Trust Eye Hospital,
KDA, Kohat, Pakistan
Tel: 0092 922 515686, 0092 922 515710
Fax: 0092 922 515668
Email: info@alshifaeye.org, edkohat@alshifaeye.org

Muzaffarabad

Al-Shifa Trust Eye Hospital,
Ambore Camp, Muzaffarabad, Azad Jammu and Kashmir
Tel: 0092 5822432159, 0092 5822432144,
Fax: 0092 51 5487827
Email: info@alshifaeye.org, edmzd@alshifaeye.org

Chakwal **Opening Soon !**

Al-Shifa Trust Eye Hospital,
Chakwal Balkasar Road



Al-Shifa Trust Eye Hospitals

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