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ENVISIONING VISION

الشفاء ٹرسٹ آئی ہاسپٹل

SPECIAL EDITION

Al-Shifa Trust Lockdown Diaries



*We Care For
Eye Care*

AL-SHIFA TRUST EYE HOSPITALS
Rawalpindi-Sukkur-Kohat-Muzaffarabad

www.alshifaeye.org

inside >



Giving is not
just about making a
donation
It is about making a
Difference

Donate Generously

Donations can be sent directly to:

Al-Shifa Trust Eye Hospitals
Rawalpindi-Sukkur-Kohat-Muzaffarabad

Address: Jhelum Road, Rawalpindi. **Ph:** +92-51-5487821-5, **Email:** info@alshifaeye.org

www.alshifaeye.org

A Heartfelt Gratitude to All Our Donors and Supporters

We are deeply thankful and humbled by the immense support of our donors who have supported us in all ways and means. This Ramadhan and during the pandemic of Covid-19, our supporters acknowledged the services we are providing in the domain of eye care. They stood with us by donating generously towards our cause to prevent blindness in Pakistan. We are indeed indebted to all our donors and supporters for the over whelming response to our call for donations. It is indeed because of you all that we have been able to achieve our objective of envisioning vision. We will continue to serve.



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Sad Demise of Mr. Iqbal Fareed – Trustee and Treasurer AST

Mr. Iqbal Fareed, Treasurer and Trustee of Al-Shifa Trust passed away due to sudden heart attack on 6th February 2020. General Rehmat Khan, President Al-Shifa Trust along with the doctors and staff express their condolences and grief over his sad demise. It is indeed a great loss to the Trust.

Mian Iqbal Farid was former Secretary of Commerce and former Chairman FBR. He was a dedicated civil servant and an expert of taxation in Pakistan. He was a philanthropist at heart and never missed an opportunity to work for the welfare of people. It was this spirit that prompted him to associate himself with Al-Shifa Trust.





Architect of Vision 2020 DR. PARARAJASEGARAM passes away

Dr Ramachandra Pararajasegaram, affectionately known as Dr. Para passed away on 5th May 2020. He was an icon of eye health globally whose passion was to alleviate needless blindness in the world. He left behind a legacy of the numerous eye health professionals who were fortunate to be trained by him and his many contributions to development of ophthalmic institutions in the country including Al-Shifa Trust Eye Hospital. He was mentor to many of the top ophthalmologists who made a huge contribution towards prevention of Blindness across the world. Al-Shifa Trust has the privilege of a long association with Dr. Para as he visited us a number of times as part of our planning team and carried out evaluation of Al-Shifa Trust Eye Hospitals. Dr. Para will be remembered with great reverence and pride for a long time and his loss will be felt for many years to come.



Sad Demise of a Dear Colleague and Friend MR. SHAKIL JILLANI

Mr. Shakil Jillani, a highly valuable colleague, a sincere supporter of Al-Shifa Trust and Business Unit Head of Alza Pharmaceuticals lost the battle to cancer on 29th April 2020. He started his marketing career with Sanofi Aventis Pharmaceuticals and gained experience across all phases of corporate business. He joined Al-Shifa on 17th April 2014 and became a valuable colleague and a cherished friend of all. His colleagues feel privileged to have worked with him and highly recognize his devotion to work, futuristic vision and coping skills in most difficult times. Mr. Shakil Jillani will be missed by all who knew him and his memories will be cherished always.



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Administrative Measures through COVID-19

Al-Shifa Trust Eye Hospital remained committed to provide its services during this difficult time and was open for all emergencies. The administration prepared standard operating procedures (SOP) as a response to deal with the patients and to ensure complete protection of its doctors and staff. The administration took stringent infection control measures such as installing disinfecting walk through tunnels, glass desks at all counters, thermal scanners and sanitizers at all entry points. Additionally, doctors and staff were provided with PPEs and their ophthalmic diagnostic instruments were covered with glass shields. Moreover, the administration implemented rotation policy to keep control of minimum movement, along with ensuring compulsory masks wearing at all times, cleaning and disinfection of all frequently touched and used surfaces and physical distancing.

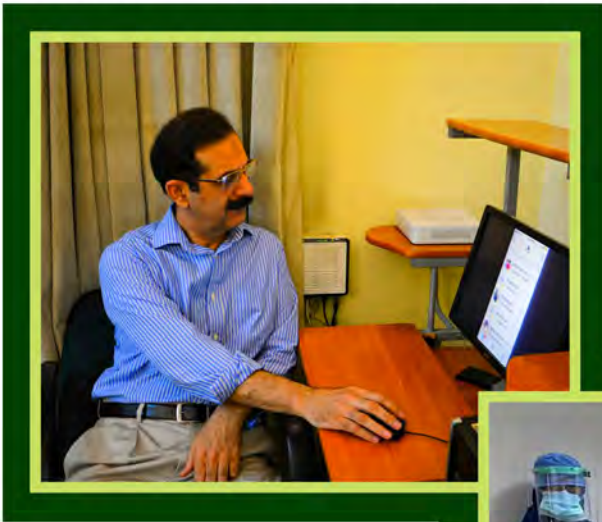
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Free Skype and Online Consultation

Ensuring all precautionary measures for the safety of our doctors, patients and staff was our first priority. However uninterrupted provision of eye care services has always been our foremost obligation. To fulfill this objective, Al-Shifa Trust started its free Skype and Telephonic Consultation in the first week of April which successfully runs to date. All our senior specialist doctors have been available throughout, continuing to provide their services. Emergency services were also open and surgeries were conducted in these difficult times for which we highly acknowledge all our team members.



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Development Works and Plantation Drive

In its series of improvements of facilities at Rawalpindi Hospital, the renovation of Ward 6 has been completed. It has now been converted to a State of the Art **“Day Surgery Ward”**.



In compliance with countrywide Plant 4 Pakistan campaign, Al Shifa administration utilized this time by uplifting its horticulture and landscaping within its premises. It is worth mentioning here that 5000 plants have been planted which will not only add to the beauty but will also fulfill the requirement of fresh air necessary within hospital premises. Landscaping of land at OPD1, Main Hall, and Boys Hostel and construction of four Gazebos has also been successfully completed.





Allied Hospitals at Sukkur, Kohat & Muzaffarabad

Muzaffarabad: During this time renovation works at Muzaffarabad hospital has been undertaken to further improve the hospital condition. Mr. Naseer Mughal, Additional Secretary Health AJK Government visited Al-Shifa Trust Eye Hospital and highly appreciated the working of the hospital during the Covid-19 pandemic and assured AJK government's support to the hospital. Meanwhile Mr. Sardar Akbar Khan, Forest Minister AJK government visited and donated a large quantity of indoor and outdoor plants to the hospital. Al-Shifa Trust Muzafarabad is grateful to the government of AJK for their active participatory role in developing the facility.

Sukkur: Al-Shifa Trust Hospital Sukkur in cognizance with main hospital continued its service to the underprivileged patients via free online consultation. During this time improvements to the facility were carried out with renovation works such as adding a hut as waiting area, and additional 12 beds to the hospital.

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Commendable IT Department Service during COVID-19

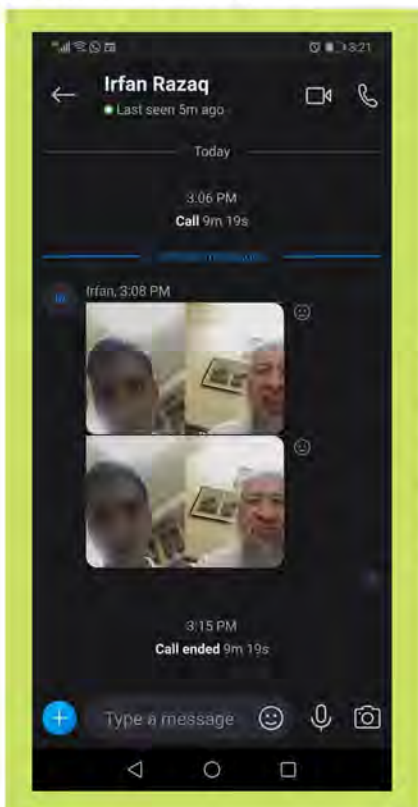
In the critical time of COVID-19, Al-Shifa Trust IT department played a dynamic role in enabling and facilitating the following services to online platform for different cadres in hospital:

Online Meeting Platform

IT Department ensured the official connection of top management of the Trust by providing them with an online meeting platform immediately after the national lockdown. This was a necessary step for the upper management to discuss important matters related to Trust on regular basis. All management tasks were conducted on time including one of the most important Annual Budget meeting of the Trustees arranged online by providing our honorable Trustees with online facility. Full participation of Trustees was ensured by the department to discuss and approve the budget. It is important to mention here that IT department has developed its own customized online video conferencing portal for the purpose.



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Online Consultations for Patients

Facility for patients to get free online consultations with senior doctors of all specialties using laptop or cellular phones was also arranged which facilitated a number of patients daily and provided uninterrupted services.



Taking Al-Shifa Software Online

While providing online consultations to patients, doctors also needed to view the EMR of follow up patients which was recorded under the hospital management software. To overcome this difficulty, IT department took the whole software modules i.e., Medical, Financials, Procurement & Stores online so that doctors/patients and other departments could be facilitated in a professional manner.

Telephonic Consultations

Keeping in view the minimum availability of IT equipment under the deprived society of our country, Executive Director directed IT department to create a telephonic consultation facility through which anyone could call on the AST exchange where they were routed automatically to the desired ophthalmic physician at their premises. Our IT department successfully achieved the given target and a lot of deserving patients benefited from this facility.

To make people aware about these facilities, a comprehensive media campaign through SMS, Social media and website was also conducted in coordination with IT and marketing departments.

Al-Shifa Trust Eye Hospital Starting from 6th April, 2020

Free Skype & Telephonic Consultation

In these difficult times due to precautionary measures to stop the spread of CoronaVirus Al-Shifa offers free online consultation to all eye patients. Our Senior Specialist doctors will be available on specified times for Eye Consultation. Please connect to Skype ID "alshifahosp" for direct consultation with experienced Professors of Cornea, Retina, Oculoplastics, Glaucoma, Cataract and Paediatric Ophthalmology. They will answer all your questions and will advise you about the treatment required.

May ALLAH be with you in these testing times

DOCTOR	TIME	EXT
Prof. Dr. Naveed Qureshi	09AM - 10AM	404
Prof. Dr. Sumaira Altaf	10AM - 11AM	291
Prof. Dr. Farah Akhtar	11AM - 12PM	402
Prof. Dr. Sabihuddin	12PM - 01PM	231
Prof. Dr. Nadeem Qureshi	01PM - 02PM	305
Prof. Dr. Wajid Ali Khan	02PM - 03PM	310
Prof. Dr. Tayyab Afghani	03PM - 04PM	403
Pro. Dr. Abdul Moqbil	04PM - 05PM	604
Prof. Dr. Nadeem Ishaq	05PM - 06PM	276

Exchange: 051-5487821, 051-5487822, 051-5487823, 051-5487824, 051-5487825, 051-5487831

Taking off Academic Wing to Online Lectures

Pakistan Institute of Ophthalmology (PIO) is the academic wing of Al-Shifa Trust running various ophthalmological and public health related courses. This wing was facilitated by IT department in delivering and taking said courses interactively online. One hundred students were registered and facilitated through this facility.

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Glaucoma Department: Two Presentations Accepted at World Ophthalmology Congress

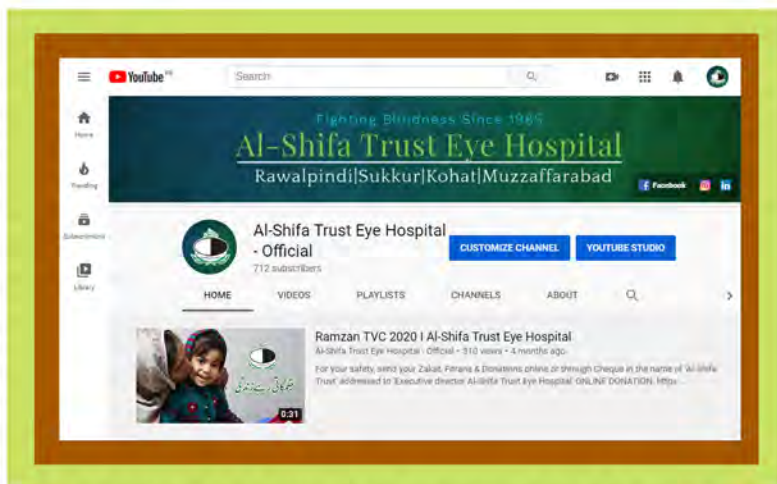
Two Presentations of Professor Dr. Farah Akhtar have been accepted at World Ophthalmology Congress 2020 by International Council of Ophthalmology. Dr Farah Akhtar's contribution in the domain of Glaucoma is highly appreciated not only in Pakistan but internationally as well.



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Staying Connected Expanding Communications

Al-Shifa Trust **Official YouTube channel** has been started in a bid to stay connected with all its supporters and community. The objective of having a YouTube channel is to keep our support group well informed about our activities and walk them through our journey of commitment and compassion of delivering the best tertiary eye care services in Pakistan. Through our stories, we would like to educate our audience on adopting preventive measures and be well informed about common eye diseases. We request all to support us by subscribing to our Youtube Channel!



<https://www.youtube.com/channel/UCa182Jlv9QSeDzkRhI346tA>



Service to Humanity

Sehar, a patient of **Retinoblastoma** (Eye Cancer) was brought here from Peshawar. Her one eye was already taken out and sealed. Poor parents took loans and paid Rs. 5 Lakh, however, still could not save her eyesight and eye. At Al-Shifa Trust, Sehar was given free of cost treatment and a prosthetic eye was implanted and the other eye was saved successfully.

Our Doctors' Mantra:

"We will continue to serve!"

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"SEHAR"



BEFORE



AFTER

"I FEEL MORE CONFIDENT WHEREVER I MOVE AND I ENJOY PLAYING WITH MY FRIENDS. I DON'T HAVE TO HANG BACK ANYMORE. THANK YOU AL-SHIFA".



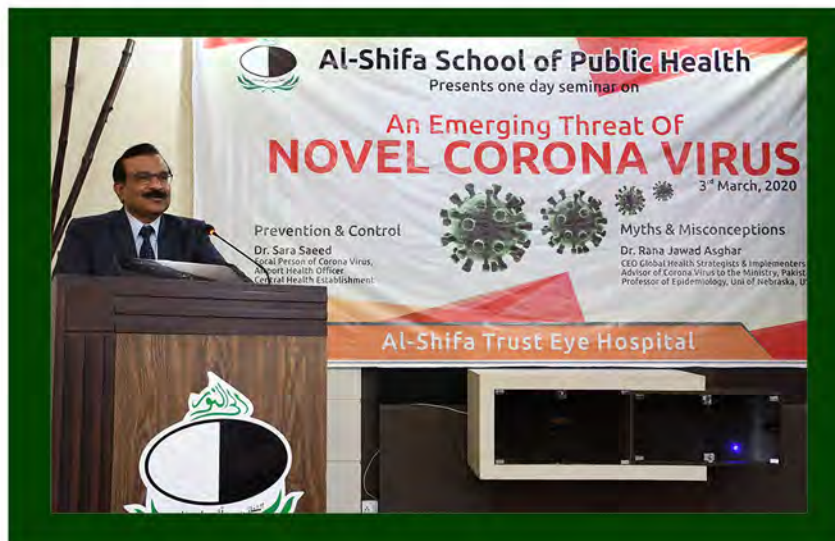
Pakistan Institute of Ophthalmology

School Of Public Health

Al-Shifa School of Public Health successfully inducted its 12th batch. The School is conducting online teaching to its students thus making full utilization of their time. School of Public Health also conducted its exams successfully while following strict SOPs of social distancing. A well planned structured teaching methodology has helped keep the mark of the SOPH in these times.

At the onset of the pandemic, a one day seminar on “**Emerging Threat of Novel Corona Virus**” was conducted at ASOPH. Dr. Rana Jawad Asghar, CEO Global Health Strategists and Implementers, Advisor for Corona virus to Ministry of Health and Dr. Sara Saeed, Airport Health Officer and Focal Person for Corona Virus Prevention were invited as guest speakers. Audience were apprised about the control methodologies along with myths and misconceptions regarding Novel Corona Virus.

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School Of Optometry

Annual Result of B.Sc. (Hons) Optometry & Orthoptics

The University of Health Sciences (UHS) has recently declared the annual result of First and Second Professionals B.Sc. (Hons), Optometry & Orthoptics for the year 2019. Pakistan Institute of Ophthalmology at Al-Shifa Trust have secured top positions in UHS. First and Third position in the Second Professional has been secured by Ms. Rimsha Tanveer and Ms. Arooshia Shehzadi respectively.



M.Phil Optometry Program

University of Health Sciences has approved two years M.Phil Optometry Program at the Pakistan Institute of Ophthalmology. PIO already runs a four years B.Sc. Optometry program (affiliated with UHS) as well as other nursing and technician courses. PIO will enroll the first batch of M.Phil program in January 2021.

Uninterrupted Education through Online Classes

During the COVID-19 pandemic, Pakistan Institute of Ophthalmology continued its program via conducting online classes for their students. The Information Technology department of Al-Shifa enabled the teachers and the students to conduct online classes via Microsoft teams keeping classrooms connected and efficiently functional.

Independence Day Celebration

Pakistan Independence Day was celebrated in a dignified ceremony at Al-Shifa Trust Eye Hospital. All Heads of Department, Management and staff participated in the event. On this occasion, Brig (Retd) Rizwan Ullah Asghar, Executive Director Al-Shifa Trust paid rich tributes to the martyrs of Pakistan movement while also encouraged the participants to make a resolve to sincerely work towards advancing professional capacities to make this country better. On this occasion, cake cutting ceremony was also held and special prayers were offered for the progress, prosperity and peace of the country. The hospital OPD was decorated with green flags and banners.





Thank you to all our Fundraisers!

We're hugely grateful to everyone who has helped us in our journey to fight against blindness by contributing financially and by their services in all forms and in all domains.

How to Help

• **Make a Donation**

ONLINE at: <http://www.alshifaeye.org/online-donation.php>

IN PERSON: You can donate in person by visiting the donation office at Al-Shifa Trust Eye Hospital

BY CHEQUE: Please make your cheque payable to Al-Shifa Trust Eye Hospital. Post your cheques to us at: Al-Shifa Trust Eye Hospital, Jhelum Road Rawalpindi

• **Sponsor a Camp**

You can Sponsor a camp in your area of Choice. For more details, visit our website or contact ACCO department at Al-Shifa Trust.

• **Join Our Online Community**

You can keep up to date with Al-Shifa Trust activities and how donations are helping patients everyday through our website and social media channels. Make sure you like and follow us:

• **Website:** <http://www.alshifaeye.org/>

• **Facebook:** <https://www.facebook.com/alshifaeye2eye/>

• **YouTube:** <https://bit.ly/2DxYRvT>

• **Become a Charity Ambassador**

Ambassadors serve as an unofficial representative of the charity within the local community. If you are an active, enthusiastic person who wants to help raise awareness of how we can make it even better for patients across Pakistan, drop in a message at our Facebook page.

• **Leave a legacy of Eye Donation**

Leaving a charitable bequest in your will is a generous way to make a lifelong donation.

You can advance this cause and be a source of light for yet another generation to come. If you're interested in leaving this most precious gift in your will and would like to know more, please contact us on ...charity@alshifaeye.org.



APPEAL

Al-Shifa NEEDS Your Support

Al-Shifa is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment to all. Almost 75% of all patients visiting Al-Shifa Eye Hospital are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropists. We encourage you to support our work wholeheartedly by donating generously.

Your contribution means the gift of sight for someone in need!

Kindly note that your Zakat donations go separately to the accounts which are dedicated for treatment of Zakat patients only.

Kindly send your donations or Zakat to following Account Numbers:-

In Pakistan

a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address

"Executive Director, Al-Shifa Trust Eye Hospital
Jhelum Road, Rawalpindi".

b) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

S.No.	Bank Name	Branch/ Address	A/c Title	A/c No.
1.	Askari Bank Ltd	Al-Shifa Branch, Jhelum Road, Rawalpindi	Al-Shifa Trust	0181-165000058-5
2.	MCB Bank Ltd	Morgah Branch, Morgah Turn, Rawalpindi	Al-Shifa Trust	1389-0701000008-7
3.	United Bank Ltd	Cantt. Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	0041-011-0228-4
4.	Allied Bank Ltd	DHA Phase-1, Rawalpindi	Al-Shifa Trust	0010-006490890016
5.	Habib Bank Ltd	Bahria Town Branch, Commercial Sub Centre, DHA Business Bay, Block-8, Sector F, Islamabad	Al-Shifa Trust	2301-79005569-01
6.	Meezan Bank Ltd (For Zakat)	Bohar Bazar Rawalpindi	Al-Shifa Trust	08040100359180

c) Mobile Donation:-

Account holders of MCB Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

d) Collection from Home/ office:-

Donors within Rawalpindi/Islamabad may call Al-Shifa Trust at 051-5487821-5 Ext: 245 or send

email at gmf@alshifaeye.org with your contact and complete address for collection of your generous donation/zakat from your home/office.

Note:

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".



In UK

a) Direct/ Online Deposit in Bank Accounts:-

UK based donors may deposit their contributions in below mentioned banks of Al-Shifa Trust in UK.

S.No.	Bank Name	Branch/ Address	A/c Title	A/c No.
1.	HSBC Bank	Auchin Leck House, Birmingham	Al-Shifa Trust	40-11-08-41311565

b) Contribution at Office:-

Send cheques in the name of 'Al-Shifa Trust' at following address

'Mr. M. Younis Bhatti'

(Coordinator)

Younis Bhatti & Co Ltd

1st floor 93, Broad Street, Birmingham, B 15 , 1AU, United Kingdom

Note: In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363

In USA

Al-Shifa Foundation of North America

a) Contribution at AFNA office:-

Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540

Tel: (609)279-1400, Email: info@afnausa.org Website: www.afnausa.org

b) Online Donations:-

In USA donation made to AFNA (Al-Shifa Foundation of North America) by cheque or online has been granted not for profit 501 (C) (3) status of Internal Revenue Service Tax ID No: 36-4328912



Al-Shifa Trust Eye Hospitals
Rawalpindi-Sukkur-Kohat-Muzaffarabad



**CHILDREN EYE HOSPITAL
OPENING SOON !**

OUR HOSPITALS

Rawalpindi

Al-Shifa Trust Eye Hospital,
Jhelum Road, Rawalpindi, Pakistan
Tel: 0092 51 5487821-5, Fax: 0092 51 5487827
Email: info@alshifaeye.org, ed@alshifaeye.org

Sukkur

Al-Shifa Trust Eye Hospital,
Railway Road, Sukkur, Pakistan
Tel: 0092 71 5612766, 0092 71 5615466
Fax: 0092 71 5613453
Email: info@alshifaeye.org, administratorskr@alshifaeye.org

Kohat

Al-Shifa Trust Eye Hospital,
KDA, Kohat, Pakistan
Tel: 0092 922 515686, 0092 922 515710
Fax: 0092 922 515668
Email: info@alshifaeye.org, administratorkohat@alshifaeye.org

Muzaffarabad

Al-Shifa Trust Eye Hospital,
Ambore Camp, Muzaffarabad, Azad Jammu and Kashmir
Tel: 0092 5822432159, 0092 5822432144,
Fax: 0092 51 5487827
Email: info@alshifaeye.org, administratormzfd@alshifaeye.org

Chakwal **Opening Soon !**

Al-Shifa Trust Eye Hospital,
Chakwal Balkasar Road



Al-Shifa Trust Eye Hospitals

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