

ENVISIONING

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VISION

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29 Years of Spreading Light



Al-Shifa Trust Eye Hospitals
Rawalpindi - Sukkur - Kohat - Muzaffarabad

We Care For
Eye Care

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Giving is not
just about making a
donation
It is about making a
Difference

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Donations can be sent directly to:

Al-Shifa Trust Eye Hospitals

Rawalpindi-Sukkur-Kohat-Muzaffarabad

Address: Jhelum Road, Rawalpindi. Ph: +91-51-5487821-5, Fax: +92-51-5487827, Email: info@alshifaeye.org

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General Rehmat Khan Visits Allied Hospitals of Al-Shifa Trust

General (Retd.) Rehmat Khan President of the Trust visited Sukkur, Kohat and Muzafarabad hospitals between the months of July to September along with Executive Director Brigadier (Retd.) Rizwan Ullah Asghar and Prof. Dr. Wajid Ali Khan, CMS. The President greatly appreciated the State of the Art facilities that are being offered at these hospitals. He met the doctors as well as the staff, appreciated their efforts and urged them to work even harder to provide the best possible facilities to the underprivileged people in their respective areas.



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Dr. Wajid and Dr Nadeem Qureshi Visit Mauritius

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Every year Dr Wajid Ali Khan and Dr. Nadeem Qureshi from AL-Shifa Trust Eye Hospital visits Mauritius on the invitation of the Government of Mauritius. They provide training to local doctors and provide complimentary medical and surgical services in the domain of eye care to the people of Mauritius as a goodwill gesture. Dr. Wajid Ali Khan and Dr. Nadeem Qureshi visited during the month of July this year and were hailed for their expertise there.



Center for Eye Cancers being Commissioned

Out of 150,000 cancers every year in Pakistan, there are around 2200 new patients with eye cancer every year. Around 220 patients die of eye cancer every year. The facilities for surgery of all types of eye cancer is limited and available only at very few tertiary eye care facilities. The facilities for chemotherapy and radiation for patients with eye cancers are not available easily due to backlog of other high priority body cancers. Department of Orbit and Oculoplastics at Al-Shifa Trust Eye Hospital Rawalpindi is one of the very few centers in the country that provide surgical or laser treatment for all types of eye cancer. However, after surgery, the patients have to face lot of hardships in getting access to timely and affordable chemotherapy and/or radiotherapy.

Keeping this in view, the Center for Eye Cancers at ASTEH Rawalpindi (Ocular Oncology) is being commenced under the supervision of Department of Orbit and Oculoplastics. Through five different phases over a period of five years, the department of ocular oncology will ultimately lead to the formation of Al-Shifa National Center for Eye Cancers that will have comprehensive facilities for surgery, laser, chemotherapy, radiation and rehabilitation for all types of cancers of the eye under one roof at Al-Shifa Trust Eye Hospital Rawalpindi. The new center for eye cancers will be housed in under construction building of Children Eye Hospital.



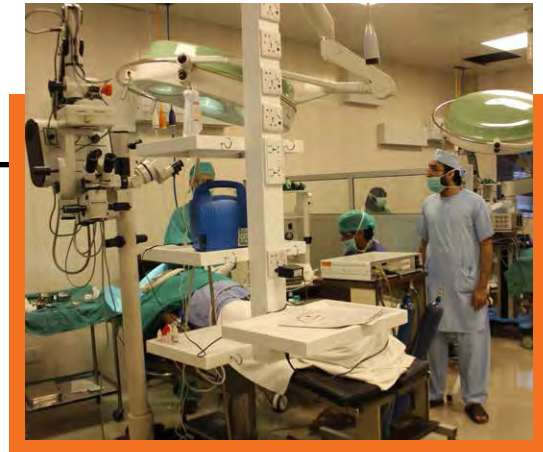
Chakwal Satellite Hospital – Construction Started

The construction of Chakwal Hospital has been started to facilitate the people of Chakwal and adjoining areas. The hospital aims to provide state of the art treatment facilities to underprivileged people of the area. This is a step forward to extending our eye care facilities so that the poor people do not have to travel all the way to Rawalpindi.



Reconstruction of OT in Rawalpindi Hospital

In its series of improvements of facilities at Rawalpindi Hospital, the renovation and expansion of Operation Theater was started in a planned program. Two phases out of three have been completed and now the operation theater can handle up to 150 surgeries per day. Now OT tables have been increased from previous 18 to present 29 tables and all sub specialties have their own dedicated state of the art facilities which they use six days a week without any hindrance.



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Polio Campaign at Al-Shifa Trust

Keeping in view the prevalence of polio virus in Pakistan, Al-Shifa Trust has launched a polio campaign at Rawalpindi hospital on 3rd September 2019, where Polio drops are administered to children on every Tuesday. President Al-Shifa Trust Maj. Gen.(Retd) Rehmat Khan officially started this campaign on 3rd September 2019 emphasizing the need of such facilities at all levels.



ACCO – Providing eye care services in tough terrains

ACCO runs one of the most widespread outreach programs conducting several school screening and surgical eye camps all over Pakistan especially in far flung areas. A special eye camp was also organized at Mirpur Azad Kashmir to show solidarity and support to the earthquake hit people of the area. Some of the highlights of ACCO camps organized during the period of July to October are given below:

Camp Location	Orakzai (KPK)	Mirpur (AK)	Loralai (Balochistan)	Razmak (KPK)
 OPD	1356	538	1496	3244
 Suergeries	89	-	114	150
 Medicines Prescribed	751	169	1011	1736
 Glasses Dispensed	489	183	790	1375
 Student Screened	1624	538	1496	3244

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Coming Soon – Excimer Laser to be introduced at Al-Shifa Trust

Al-Shifa Trust is known for the latest and State of the Art facilities it provides to its patients. Excimer laser is a relatively new treatment modality that can be used to treat the refractive errors of the eye at highly competitive prices. Availability of this service here for the corrective treatments of patients will yet add to another competitive dimension of Al-Shifa Trust Eye Hospitals.



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INSPIRATIONAL STORY

School teacher from Sukkur donates his entire commutation to Al-Shifa Trust Eye Hospital

Karim Buksh Memon, a resident of Sukkur and a school teacher by profession donated his entire commutation worth 3.5 million PKR to Al-Shifa Trust. Karim Bukhsh was greatly inspired by the services rendered by Al-Shifa Trust Eye Hospitals. President Al-Shifa Trust Gen. (Retd) Rehmat Khan met Mr. Karim Bakhsh at Al-Shifa Trust Sukkur Hospital and greatly admired and appreciated his dedication, devotion and efforts to help those in their time of need.



AWARDS

Head of Pediatric Department awarded

Dr. Soorath Noorani won an achievement award at a conference arranged by Ophthalmology Society of Pakistan, Karachi. The basic aim of the conference was to appreciate the efforts of selected ophthalmologists for their distinguished services in their specific domain. Dr. Soorath Noorani was presented an award for her endless services in promoting clinical and surgical practices in Pediatric Ophthalmology.



Trustee Al-Shifa Trust Mian Muhammad Javed's father awarded for his services during Pakistan Movement



Pakistan Movement Workers Trust awarded Gold Medal and certificate to late Mian Muhammad Ibrahim ex Executive Engineer WAPDA in recognition of his services during Pakistan movement.

His son Mian Muhammad Javed Senior Vice President NPC received Gold Medal awarded to his late father from President of Islamic Republic of Pakistan Dr. Arif Alvi at the annual function.

Kashmir Solidarity Walk arranged at Al-Shifa

In compliance with the Government of Pakistan's show of solidarity with the Kashmiri brothers against Indian brutality in Kashmir, Al-Shifa Trust Eye Hospitals also arranged a walk on 30th August 2019 led by President Al-Shifa Trust Gen. (Retd.) Rehmat Khan. Management along with administration and faculty was also present at the event where national anthem of Pakistan and Kashmir was played followed by the walk.



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Alza–Employees Acknowledgment at Annual Conference

Alza Pharmaceuticals held its second annual three day conference in Murree with the theme of “Growing Together”. The objective of the conference was to appreciate and acknowledge untiring efforts of the entire team while emphasizing on the need of taking Alza to even greater heights. The highlights of year 2018-19 were presented followed by discussion of next year’s strategy. Alza also launched two new eye products, Tobralux and TOD. A comprehensive training session was conducted on their launch followed by a prize distribution ceremony.



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Internationally famed Glaucoma Specialist and Volunteer Trainer at Al–Shifa **James E. ‘Jim’ Standefer MD** passes away



Standefer James E ‘Jim’ was a regular visitor and a volunteer at Al-Shifa Trust Rawalpindi in the domain of Glaucoma. He passed away on December 28, 2018. He graduated from Cornell Medical School in New York, USA and completed his ophthalmology residency at Wash. U. in St. Louis. He founded Associated Eye in Stillwater and served as a clinical professor of ophthalmology at University of Minnesota. He left private practice to serve as a full time international volunteer. Al-Shifa Trust not only extends its deepest condolences to his family and friends on this great loss but also acknowledges and appreciates his efforts in the domain of Glaucoma.



Muzaffarabad Hospital inducts New Administrator

Al-Shifa Eye Hospital Muzaffarabad welcomes its new Administrator Maj (retd) Muhammad Naeem. He joined the hospital in September. The Trust wishes him best of luck.

Al-Shifa celebrates WORLD SIGHT DAY 2019

Highlights of World Sight Day 2019:

- Pakistan Institute of Ophthalmology's School of Optometry in collaboration with Al-Shifa Center for Community Ophthalmology organized Pakistan's largest screening camp on one day in observance of World Sight Day. Mass School Screening program by 24 teams was held in 18 schools in urban and peri-urban areas of the twin city of Rawalpindi / Islamabad where 22,000 children were screened. This is indeed one of the largest school screening drive held in one day by a single organization. Highly dedicated teams of Optometrists and optometry students participated with full zeal and zest and offered their services. Gen. (Retd) Rehmat Khan highly appreciated and acknowledged the services of the students of optometry, optometrists and teams of ACCO for their efforts in organizing successful eye camps throughout the twin city.
- One on one interactive sessions with school children about eye care was also conducted.
- A General public eye camp in Gulistan Colony Rawalpindi was also conducted.
- Pakistan Institute of Ophthalmology organized a seminar where Prof. Dr. Tayyab Afghani, Dr. Ismat Chaudhary and other speakers highlighted prevalence of eye diseases & availability of diagnostics in Pakistan, with facts & figures. Besides representatives from other INGOs, Sightsavers Pakistan Country Director, Munazza Gillani, also attended the event. President Maj. Gen (R) Rehmat Khan concluded the event by presenting certificates to the participants.

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Dr. Tahira Idrees volunteers at ACCO Camps

Dr. Tahira Idrees, a qualified and practicing General Physician in Scotland has been visiting Pakistan specifically Al-Shifa Trust for the last two years. She stays with Al-Shifa Trust for 6 months and visits various camps in rural and remote areas serving the under privileged people of those areas. As she is a Medical Specialist she caters to the needs of the general public in those areas and also provides free medicines to the patients.



Motivational Lecture

President Al-Shifa Trust Eye Hospitals, General (Retd.) Rehmat Khan initiated to hold a series of motivational lectures. The first one was conducted by Mr. Mustafa Safdar Baig. Management of Al-Shifa Trust and the senior doctors attended the session which emphasized on value of compassion towards the under privileged leading to a socially responsible society. The motivational talk highlighted importance of engaging in activities which lead to compassion and humanity.



Thank you to all our Fundraisers!

We're hugely grateful to everyone who has helped us in our journey to fight against blindness by contributing financially and by their services in all forms and in all domains.

How to Help

- **Make a Donation**

ONLINE at: <http://www.alshifaeye.org/online-donation.php>

IN PERSON: You can donate in person by visiting the donation office at Al-Shifa Trust Eye Hospitals

BY CHEQUE: Please make your cheque payable to Al-Shifa Trust Eye Hospital. Post your cheques to us at: Al-Shifa Trust Eye Hospital, Jhelum Road Rawalpindi

- **Sponsor a Camp**

You can Sponsor a camp in your area of Choice. For more details visit our website or contact ACCO department at Al-Shifa Trust.

- **Join Our Online Community**

You can keep up to date with Al-Shifa Trust activities and how donations are helping patients everyday through our website and social media channels. Make sure you like and follow us:

- **Website:** <http://www.alshifaeye.org/>
- **Facebook:** <https://www.facebook.com/alshifaeye2eye/>
- **YouTube:** <https://bit.ly/2DxYRvT>

- **Become a Charity Ambassador**

Ambassadors serve as an unofficial representative of the charity within the local community. If you are an active, enthusiastic person who wants to help raise awareness of how we can make it even better for patients across Pakistan, drop in a message at our Facebook page.

- **Leave a legacy of Eye Donation**

Leaving a charitable bequest in your will is a generous way to make a lifelong donation.

You can advance this cause and be a source of light for yet another generation to come. If you're interested in leaving this most precious gift in your will and would like to know more, please contact us on ... charity@alshifaeye.org



APPEAL Al-Shifa NEEDS Your Support

Al-Shifa is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment to all. Almost 75% of all patients visiting Al-Shifa Eye Hospitals are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropist. We encourage you to support our work wholeheartedly by donating generously.

Your contribution means the gift of sight for someone in need!

Kindly note that your Zakat donations go separately to the accounts which are dedicated for treatment of Zakat patients only. Kindly send your donations or Zakat to following Account Numbers:-

In Pakistan

a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address

"Executive Director, Al-Shifa Trust Eye Hospital
Jhelum Road, Rawalpindi".

b) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

S.No.	NAME	BRANCH/ ADDRESS	A/C TITLE	A/C NO.
1.	Askari Bank Ltd	Al-Shifa Branch, Jhelum Road, Rawalpindi	Al-Shifa Trust	0181-165000058-5
2.	MCB Bank Ltd	Morgah Branch, Morgah Turn, Rawalpindi	Al-Shifa Trust	1389-0701000008-7
3.	National Bank of Pakistan	Corporate Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	1858-18-5
4.	United Bank Ltd	Cantt. Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	0041-011-0228-4
5.	Allied Bank Ltd	DHA Phase -1, Rawalpindi.	Al-Shifa Trust	0010-006490890016
6.	Habib Bank Ltd	Bahria Town Branch, Commercial Sub Center, DHA Business Bay, Block -8, Sector F, Islamabad	Al-Shifa Trust	2301-79005569-01
7.	Meezan Bank Ltd (For Zakat)	Bohar Bazar Rawalpindi	Al-Shifa Trust	08040100359180

c) Mobile Donation:-

Account holders of MCB Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

email at gmf@alshifaeye.org with your contact and complete address for collection of your generous donation/zakat from your home/office.

Note:

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".

d) Collection from Home/ office:-

Donors within Rawalpindi/Islamabad may call Al-Shifa Trust at 051-5487821-5 Ext: 245 or send



In UK

a) Direct/ Online Deposit in Bank Accounts:-

UK based donors may deposit their contribution in below mentioned bank of Al-Shifa Trust in UK.

S.No.	NAME	BRANCH/ ADDRESS	A/C TITLE	A/C NO.
1.	HSBC Bank	Auchin Leck House, Birmingham	Al-Shifa Trust	40-11-08-41311565

b) Contribution at office:

Send cheques in the name of "Al-Shifa Trust" at following address

"Mr. M. Younas Bhatti"

(Coordinator)

Younas Bhatti & Co Ltd

1st Floor 93, Broad Street, Birmingham, B 15, 1AU, United Kingdom

Note: In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363.

In USA

Al-Shifa Foundation of North America

a) Contribution at AFNA Office:

Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540

Tel: (609)279-1400, Email: info@afnausa.org Website: www.afnausa.org

b) Online Donations :

In USA donation made to be AFNA (Al-Shifa Foundation of North America) by cheque or online has been granted not for profit 501 (C) (3) status of the Internal Revenue Service Tax ID No: 36-4328912



OUR BRANCHES



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