

# ENVISIONING VISION

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We Care For  
Eye Care

29 YEARS  
OF  
SPREADING LIGHT



**Al-Shifa Trust Eye Hospitals**  
Rawalpindi - Sukkur - Kohat - Muzaffarabad

inside >

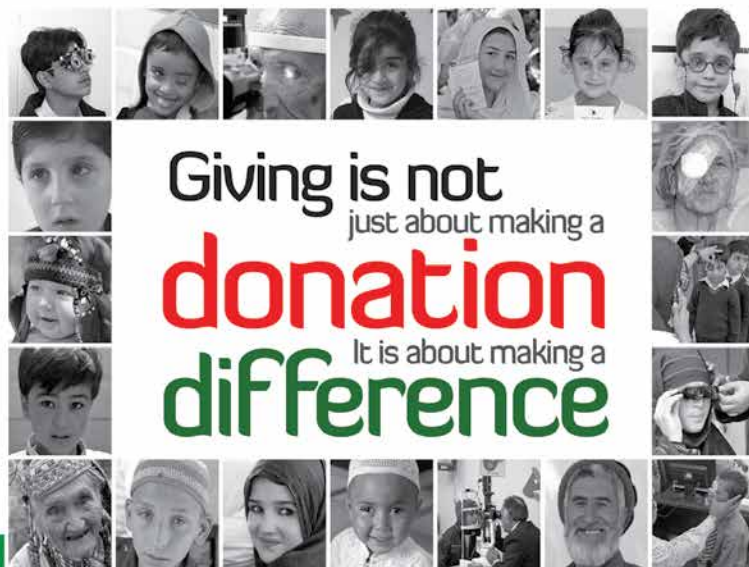


## PRESIDENT'S MESSAGE

It is my honor and privilege to serve as the President of Al-Shifa Trust Eye Hospital.

The two major projects of Al-Shifa Trust for now are Children Eye Hospital and Center for Eye Cancer expected to be completed in this year. Both these projects are the first of their kind in Pakistan and will expand our services in the domain of eye care to the next level thus focusing on our aim of prevention and control of blindness in Pakistan.

At Al-Shifa Trust all patients are treated with dignity and care. I invite you to explore our hospital and witness love, dedication and goodness of our team and join the ever growing family of "Friends of Al Shifa Trust" with your contribution.



/ Donate Generously /

Donations can be sent directly to:

**Al-Shifa Trust Eye Hospitals**  
Rawalpindi-Sukkur-Kohat-Muzaffarabad

**Address:** Jhelum Road, Rawalpindi.  
**Ph:** +91-51-5487821-5, **Fax:** +92-51-5487827,  
**Email:** info@alshifaeye.org  
[www.alshifaeye.org](http://www.alshifaeye.org)

# BOARD OF TRUSTEES MEETING

Board of Trustees meeting of Al-Shifa Trust was held on 5th October 2019. Major General (R) Rehmat Khan, President Al-Shifa Trust updated the Board on hospital activities and progress of projects. The trustees visited newly constructed OT and appreciated the improvements and changes, especially the tireless efforts of doctors and hospital's staff which has resulted into contributing towards overall image of the services being provided.



## GENERAL REHMAT KHAN PRESIDENT AL-SHIFA TRUST VISITS UK

Al-Shifa Trust has collaborating partners in UK who have regularly been supporting our activities. To further enhance their efforts, General Rehmat Khan visited London, Birmingham, Manchester and Glasgow. He apprised the influential groups of Pakistanis about the efforts and work of Al-Shifa Trust Eye Hospital in Pakistan. This reconnection with some of the Trust's old allies has helped in gaining more in UK.



## NEW ADMINISTRATOR JOINS AL-SHIFA TRUST EYE HOSPITAL

Al-Shifa Trust Eye Hospital has managed to gain a very reputable name in a very short span of time and we believe management and administration have an equal role in this achievement along with doctors and para professional staff.

Brigadier (R) Taufiq Tahir has recently joined Al-Shifa Trust as its new administrator. After Retirement from Pakistan Army in 2014 he had a rich experience of serving at various prestigious organizations including Fauji Fertilizer Company (FFC). He was also awarded Sitara-e-Imtiaz (Military) by the Government of Pakistan for his tireless services. Al-Shifa Trust welcomes him.



## PPL DONATES PKR 05 MILLION FOR FIGHT AGAINST BLINDNESS



Pakistan Petroleum Limited (PPL) under its Corporate Social Responsibility (CSR) program donated PKR 05 million to Al-Shifa Trust to support the hospital in its fight against prevention and control of blindness. PPL has been our sponsor for most of our outreach camps held at far flung areas of Sindh, Baluchistan and Punjab.

# AL-SHIFA TRUST NORTH AMERICA (AFNA) CHAPTER HOLDS FUND RAISING ANNUAL DINNER

Al-Shifa Trust North America (AFNA) is collaborating partner of Al-Shifa Trust which helps us in raising funds in the USA. In this context AFNA held its annual fund raising dinner on 18th October 2019 in collaboration with Dr. Mujtaba Qazi and his team at St. Louis USA. The dinner was attended by more than 150 guests from all strata including doctors and businessmen. Dr. Ishaq Chisti and Dr. Abid Nisar, founding members AFNA also graced the event with their presence. Al-Shifa Trust Dean Dr. Wajid Ali Khan and Mr. Collin Ross from Eversight USA were also present at the occasion and briefed the guests about the objectives and nature of work being conducted at Al-Shifa. Guests were encouraged to donate as much as they could for this noble cause.



## DR. WAJID ALI KHAN APPOINTED AS DEAN FACULTY OF MEDICINE QAU

Dr. Wajid Ali Khan, Dean Pakistan Institute of Ophthalmology, Al-Shifa Trust Eye Hospital has been nominated as Dean, Faculty of Medicine at Quaid-e-Azam University for a term of three years till 2022. His services and expertise are indeed unmatched in the country.

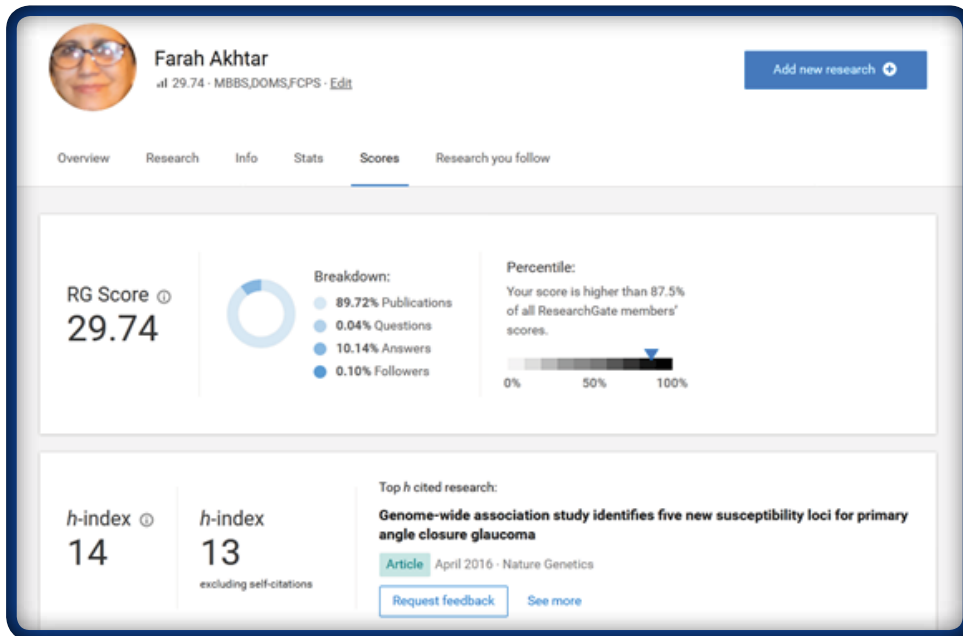


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## DR. FARAH AKHTAR HOLDING ONE OF HIGHEST SCORE ON RESEARCHGATE

Dr. Farah Akhtar, Head of Glaucoma at Al Shifa Trust Eye Hospital is one of the best specialists in Pakistan in the domain of glaucoma. We are happy to share that she holds one of the highest score on ResearchGate in Pakistan. ResearchGate is world's one of the largest commercial social networking site for scientists and researchers where researchers can upload research output including papers, data, results, patents, methods and presentations. Dr Farah Akhtar has an 87.5 percentile which is one of the highest score. These scores measure the scientific reputation of the researcher based on the high quality contributions made by them.



## AL-SHIFA ESTABLISHES AL-SHIFA CENTER FOR EYE CANCER

Almost 2200 people are diagnosed with eye cancer annually in Pakistan because of which approximately 200 people die every year. Al-Shifa Trust Eye Hospital offers advanced treatment facilities for almost all types of eye tumors in the country. It is the leading referral center for patients coming from all over Pakistan as well as from Afghanistan. Keeping in consideration the rising number of patients and high cost of treatment, there is an urgent need to further strengthen and develop the services at Al-Shifa Trust. A separate Center for Eye Cancer/ Ocular Oncology has been established under the supervision of Department of Orbit and Oculoplastics.

## GLASSES ..... NO MORE! EXCIMER LASER – NOW FUNCTIONAL

At Al-Shifa Trust, our prime concern is to provide State of the Art facilities to our patients under one roof. For this purpose, Excimer laser facility has been introduced at Al-Shifa Trust under the skilled leadership/supervision of Dr. Wajid Ali Khan. We can proudly say that we have the most experienced surgeons and the best equipment to perform not only the refractive surgery but also some of the more advanced procedures in eye treatment.



## GENERAL OPHTHALMOLOGY FIRST FLACS SUCCESSFULLY CONDUCTED

Keeping with the latest international trends, first FLACS (Femto Laser Assisted Cataract Surgery) was successfully performed by Brig (Retd) Dr. Sabeeh ud Din HoD General Ophthalmology. This marks the beginning of a new era in cataract surgery in the history of Al Shifa. It is pertinent to mention that two of the General Ophthalmology doctors have been accepted for fellowship attachments in the UK thus highlighting our international standards and collaboration.

## STRENGTHENING SKILLS

Miss Sana Iqbal has been working with Al-Shifa Trust since last five years and is one of the most highly dedicated team members of the finance department. She has recently completed her Chartered Accountancy and is now a member of ICAP ACA. Keeping in view her commitment, she has been promoted as Manager Finance. We congratulate Miss Sana on her educational and professional achievements.



# ACCO

ACCO runs one of the most widespread outreach programs conducting several school screening and surgical eye camps all over Pakistan especially in far flung areas. A special school screening eye camp was also organized at APS Peshawar to commemorate the 16 December 2014 black day. President Al-Shifa Trust General (Retd) Rehmat Khan accompanied by Mr. Tahir Zafar of AFNA and Executive Director, Brigadier Rizwan Ullah Asghar attended the camp and expressed their solidarity with APS students and staff. General (Retd) Rehmat Khan expressed his feelings about the tragic events of 16th December 2014 and said that the martyrs of APS will never be forgotten. Students and teaching staff were screened through the day.

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Some of the highlights of ACCO camps organized during the period of October to December are given below:

### OUTREACH SCREENING EYE CAMPS

Months	Number of Camps	OPD	Referred Patients	Medicines	Glasses
October	34	10,810	1,459	6,385	4,687
November	37	13,368	1,334	8,115	4,986
December	34	10,819	1,255	7,212	4,576
<b>Total</b>	<b>105</b>	<b>34,997</b>	<b>4,048</b>	<b>21,712</b>	<b>14,249</b>





**SURGICAL EYE CAMPS**

Months	Number of Camps	OPD	IPD
October	4	5,819	421
November	2	4,430	169
December	2	3,830	261
<b>Total</b>	<b>8</b>	<b>14,079</b>	<b>851</b>

**SCHOOL SCREENING CAMPS**

Months	Number of Camps	OPD	Referred to Al-Shifa
October	45	27,419	2,021
November	48	22,232	1,214
December	46	19,788	1,354
<b>Total</b>	<b>139</b>	<b>69,439</b>	<b>4,589</b>

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## LOYAL PATRONS VISIT AL-SHIFA TRUST

Dr. Tahira Rathore from Glasgow and Mr. Tahir Zafar from USA are staying at Al-Shifa Trust in the month of December, Both are major donors and patrons of Al-Shifa Trust who also provide their voluntary services in ACCO camps. Dr. Tahira Rathore provides her untiring GP services in both screening and surgical camps held by ACCO of Al-Shifa Trust. We indeed are indebted to her for her services. AFNA is one of the major donors for ACCO camps held across Pakistan and Mr. Tahir Zafar highly appreciated the quality of the screening and surgical camps which he visited during his stay with us.



## PROMOTIONS AT AL-SHIFA

NAME	PROMOTED AS
Dr. Taiba Baig	Registrar
Dr. Sundas Hameed	Registrar
Dr. Rabeeah Zafar	Registrar
Dr. Ahmad Hassan Alizai	Registrar

## NEW INDUCTIONS

SR. NO	NAME	DESIGNATION
1.	Brig (R) Toufeeq Tahir	Administrator
2.	Maj (R) Shazia Azhar	Matron
3.	Mr. Sadam Babar	Manager Laser Unit
4.	Mr. Imran Khan	A/M Paying Patient
5.	Dr. M. Umair	MO(ACCO)
6.	Dr. Syed Hassan Ali Naqvi	MO(ACCO)
7.	Dr. Jawaid Saghir	Anesthetist

# VISITS OF RECOGNITION.....

## Dr. Clare Gilbert Visits Al-Shifa Trust Eye Hospital

Professor Clare Gilbert visited Al-Shifa Trust Eye Hospital in December 2019. She is one of the top researchers in epidemiology of eye diseases in children in low and middle income countries and underprivileged areas. She is also a technical advisor to a number of organizations including USAID Child Blindness Program, Queen Elizabeth Diamond Jubilee Trust and the Vision Impact Institute. On her visit to ASTEH, she presented her research on ROP and child blindness and paid special attention to our pediatric department. She appreciated the versatility of services being offered at the hospital and the magnitude of work Al-Shifa has been carrying out to eradicate blindness.



## Visual Scientist Dr. Roy S. Chuck Visits Al-Shifa Trust

Dr. Roy S. Chuck is a well known ophthalmologist, visual scientist and geneticist famous for his stem cell and dry eye research and extensive work in Corneal Restoration. During his visit, he was all praises about the hospital and talked about laser techniques for refractive eye conditions. It is also worth mentioning here that according to Mr. Chuck, "the kind of Excimer Laser equipment available at Al-Shifa is not even available in New York, USA as of yet."

He is one of the very few Asian Ophthalmologists in the US to hold such repute and also has the honor of chairing Albert Einstein's department of Ophthalmology. It was an honor to have him here at Al-Shifa Trust Eye Hospital.



## VISITS OF RECOGNITION.....

### CEO Hum TV Inaugurates New OT at Al-Shifa Trust

President Hum TV network Sultana Siddiqui along with CEO Duraid Qureshi visited Al-Shifa Trust as part of their CSR activities and inaugurated the newly constructed OT. During their visit, President Al-Shifa Trust General (Retd) Rehmat Khan gave a detailed overview of the activities of the Trust, briefing them about every department along the way. The guests were very impressed with the general cleanliness and streamlined procedures of patient handling at the hospital.

They were informed about the construction updates of the Cancer Eye Unit and Children Eye Hospital which is going to be the largest in the entire Asia Pacific. Dr. Soorath Noorani – HOD Paeds told the guests that currently, 300 children are being treated everyday which will increase to 500 after the opening of the new facility. They commended the efforts and commitment of staff and doctors here at Al-Shifa and expressed gratitude for providing them the opportunity to take part in such a noble cause. They made a commitment to support the trust's battle against blindness and pledged to be our brand ambassadors.



### AL-SHIFA TRUST EYE HOSPITAL KOHAT

Kohat Hospital was visited by Begum Major General Asad Nawaz Khan. She was highly impressed by the latest medical equipment and advanced eye treatment at the hospital and commended the efforts of the doctors who are taking Al-Shifa Trust to even greater heights. She also donated a Tono Pen and 100,000/- PKR cash to the hospital. AL Shifa Kohat Hospital is indeed grateful to her for her generosity.



## Thank you to all our Fundraisers!

We're hugely grateful to everyone who has helped us in our journey to fight against blindness by contributing financially and by their services in all forms and in all domains.

### How to Help

- **Make a Donation**

**ONLINE at:** <http://www.alshifaeye.org/online-donation.php>

**IN PERSON:** You can donate in person by visiting the donation office at Al-Shifa Trust Eye Hospitals

**BY CHEQUE:** Please make your cheque payable to Al-Shifa Trust Eye Hospital. Post your cheques to us at: Al-Shifa Trust Eye Hospital, Jhelum Road Rawalpindi

- **Sponsor a Camp**

You can Sponsor a camp in your area of Choice. For more details visit our website or contact ACCO department at Al-Shifa Trust.

- **Join Our Online Community**

You can keep up to date with Al-Shifa Trust activities and how donations are helping patients everyday through our website and social media channels. Make sure you like and follow us:

- **Website:** <http://www.alshifaeye.org/>
- **Facebook:** <https://www.facebook.com/alshifaeye2eye/>
- **YouTube:** <https://bit.ly/2DxYRvT>

- **Become a Charity Ambassador**

Ambassadors serve as an unofficial representative of the charity within the local community. If you are an active, enthusiastic person who wants to help raise awareness of how we can make it even better for patients across Pakistan, drop in a message at our Facebook page.

- **Leave a legacy of Eye Donation**

Leaving a charitable bequest in your will is a generous way to make a lifelong donation.

You can advance this cause and be a source of light for yet another generation to come. If you're interested in leaving this most precious gift in your will and would like to know more, please contact us on ... [charity@alshifaeye.org](mailto:charity@alshifaeye.org)



## APPEAL Al-Shifa NEEDS Your Support

Al-Shifa is a Not-for Profit and Non-Political organization. It is committed to providing eye care and treatment to all. Almost 75% of all patients visiting Al-Shifa Eye Hospitals are treated free. The trust is able to meet only 30-40% of its expenses from its own sources while the remaining expenses are met through Zakat, Donations and Support from Philanthropist. We encourage you to support our work wholeheartedly by donating generously.

### Your contribution means the gift of sight for someone in need!

Kindly note that your Zakat donations go separately to the accounts which are dedicated for treatment of Zakat patients only. Kindly send your donations or Zakat to following Account Numbers:-

#### In Pakistan

##### a) Contribution at office:-

Send cheques in the name of "Al-Shifa Trust" at following address

"Executive Director, Al-Shifa Trust Eye Hospital  
Jhelum Road, Rawalpindi".

##### b) Direct/ Online Deposit in Bank Accounts:-

Deposit your cash/cheques in any of the following bank accounts of Al-Shifa Trust on online basis from any branch of respective bank in Pakistan:-

S.No.	NAME	BRANCH/ ADDRESS	A/C TITLE	A/C NO.
1.	Askari Bank Ltd	Al-Shifa Branch, Jhelum Road, Rawalpindi	Al-Shifa Trust	0181-165000058-5
2.	MCB Bank Ltd	Morgah Branch, Morgah Turn, Rawalpindi	Al-Shifa Trust	1389-0701000008-7
3.	United Bank Ltd	Cantt. Branch, Bank Road, Saddar, Rawalpindi	Al-Shifa Trust	0041-011-0228-4
4.	Allied Bank Ltd	DHA Phase -1, Rawalpindi.	Al-Shifa Trust	0010-006490890016
5.	Habib Bank Ltd	Bahria Town Branch, Commercial Sub Center, DHA Business Bay, Block -8, Sector F, Islamabad	Al-Shifa Trust	2301-79005569-01
6.	Meezan Bank Ltd (For Zakat)	Bohar Bazar Rawalpindi	Al-Shifa Trust	08040100359180

##### c) Mobile Donation:-

Account holders of MCB Bank Ltd can donate through mobile banking as well using "Quick Pay" option.

##### d) Collection from Home/ office:-

Donors within Rawalpindi/Islamabad may call Al-Shifa Trust at 051-5487821-5 Ext: 245 or send

email at [gmf@alshifaeye.org](mailto:gmf@alshifaeye.org) with your contact and complete address for collection of your generous donation/zakat from your home/office.

##### Note:

In Pakistan, all donations to Al-Shifa Trust are exempt from Income Tax vide "Clause 61 (X) of Part-I of Second Schedule of Income Tax Ordinance 2001".



## In UK

### a) Direct/ Online Deposit in Bank Accounts:-

UK based donors may deposit their contribution in below mentioned bank of Al-Shifa Trust in UK.

S.No.	NAME	BRANCH/ ADDRESS	A/C TITLE	A/C NO.
1.	HSBC Bank	Auchin Leck House, Birmingham	Al-Shifa Trust	40-11-08-41311565

### b) Contribution at office:

Send cheques in the name of "Al-Shifa Trust" at following address

**"Mr. M. Younas Bhatti"**

(Coordinator)

Younas Bhatti & Co Ltd

1st Floor 93, Broad Street, Birmingham, B 15, 1AU, United Kingdom

**Note:** In U.K., you can get Tax Exemption if your cheques are made payable to Al-Shifa Trust, Our Charity Number is 1077363.

## In USA

Al-Shifa Foundation of North America

### a) Contribution at AFNA Office:

Al-Shifa Foundation of North America: 475 Wall Street, Princeton, NJ 08540

Tel: (609)279-1400, Email: info@afnausa.org Website: www.afnausa.org

### b) Online Donations :

In USA donation made to be AFNA (Al-Shifa Foundation of North America) by cheque or online has been granted not for profit 501 (C) (3) status of the Internal Revenue Service Tax ID No: 36-4328912



## OUR BRANCHES



Al-Shifa Trust Eye Hospital,  
**Jhelum Road, Rawalpindi, Pakistan**  
Tel: 0092 51 5487821-5, Fax: 0092 51 5487827  
Email: [info@alshifaeye.org](mailto:info@alshifaeye.org), [ed@alshifaeye.org](mailto:ed@alshifaeye.org)



Al-Shifa Trust Eye Hospital,  
**Railway Road, Sukkur, Pakistan**  
Tel: 0092 71 5612766, 0092 71 5615466  
Fax: 0092 71 5613453  
Email: [info@alshifaeye.org](mailto:info@alshifaeye.org), [edsukkur@alshifaeye.org](mailto:edsukkur@alshifaeye.org)



Al-Shifa Trust Eye Hospital  
**KDA, Kohat, Pakistan**  
Tel: 0092 922 515686, 0092 922 515710,  
Fax: 0092 922 515668  
Email: [info@alshifaeye.org](mailto:info@alshifaeye.org), [edkohat@alshifaeye.org](mailto:edkohat@alshifaeye.org)



Al-Shifa Trust Eye Hospital,  
**Ambore Camp, Muzaffarabad, Azad Jammu and Kashmir**  
Tel: 0092 5822432159, 0092 5822432144,  
Fax: 0092 51 5487827  
Email: [info@alshifaeye.org](mailto:info@alshifaeye.org), [edmzd@alshifaeye.org](mailto:edmzd@alshifaeye.org)

We Care For **Eye Care**



**Al-Shifa Trust Eye Hospitals**

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[www.alshifaeye.org](http://www.alshifaeye.org)